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From the Principal

I enjoyed the following article by Angela Lockwood, and thought it was worth sharing with you. As a Catholic community, the development of human relationships characterised by dignity and respect is at the core of everything we do. Strong, open and positive relationships between staff, students and parents are essential if the young people in our care are to realise their dignity and their full potential.

Angela Myles

"A worthy building cannot be erected on a weak foundation"

I recently read this quote and it made me think about the importance of taking the time and effort to connect with people. Whether you want to build a relationship with a child, a parent, a colleague, a partner or a friend, building the foundations to connect with the other person will ensure relationships are starting from a stable base.

In today's society we are short on time and resources. As a result, relationships are being built on agendas with the goal to achieve successful outcomes. Whilst I acknowledge these are important it is vital that relationships are built on solid foundations.

When practicing as a Paediatric Occupational Therapist, the kids knew if you didn't care about their story or if you weren't present in the conversation. They played on this or detached themselves from the session and from you. It took a long time to re-build the relationship or worse still, the child didn't want to see you again! If you are there, then they are there, if you're not, then they're not.

As adults we are no different, we want others to take an interest in what we do, we want others to value our opinion, those around us to consider our needs and adjust to suit these needs. We want respect and acknowledgement of the value of who we are.

To continue the analogy of the house, the time taken to research, plan, design, set out and pour the foundations of a building often takes more time than to build the structure.

5 key aspects to building meaningful connections are-

1. Appreciate perspective – The way you connect and interact with others is influenced by your background and experiences, as well as those of the people you interact with. Know how to share and hear stories.
2. It's not about you - People are driven by what motivates and inspires them. Find out what motivates and inspires the other person and be interested.
3. Send clear messages - Learn how to communicate so the other person hears the message in a way that is meaningful and has impact.
4. Know your strengths - If you don't have the skills needed to make the relationship a positive one speak with others or use resources that may be able to help.
5. Enjoy the possibilities - Taking the time to connect with another person opens many great opportunities for growth for both you and them.

Just like a house once the foundations are laid the building comes to life!

Angela Lockwood is a Paediatric Occupational Therapist by trade. She has worked extensively with teachers in how to work with children with additional needs as well as creating sensory friendly classroom environments. Angela believes that if we use our strengths and the strengths of those in our teams, we can achieve beyond what others believe is possible.

www.angelalockwood.com.au

We were all shocked by the recent fire at Swickers Pig Abattoir. According to reports, employees have been told that their jobs are safe, but some of the workers may need to relocate to other facilities. If your family has been impacted by this event, you need any assistance or would like to speak with us about your circumstances, please don't hesitate to contact us at the College.

God Bless



Mrs Angela Myles
College Principal

Head of Primary News

Parent Help in Prep to Year 2 Next Year

2016 sees the end of an era with the retirement of Mrs. Davis, Mrs. McDonald and Mrs. Di Marco. These ladies for the last 5 years have been a trio of terrific talent who meet every Tuesday to swap and monitor the **P-2 Take Home Reader Program**. It is because of these ladies that the students get a take home reader pack once a week to practice their reading.

This is a vital service for our young readers. **We are now looking for three mums or dads, aunties or grandparents** to take on this program. It is a once a week commitment on a Tuesday for three people. It does take about 2 hours to complete all the take home reader packs and record information etc.

Please see Mrs. Higgins in the library or call me at the college and arrangements can be made to meet with the team for the changeover. It would be greatly appreciated if you and two friends could help out once a week.

Year 6 Rite of Passage.

This takes place the second last week of school. It is the **24th November**. It is a Thursday night and students in Year 6 are required to wear full and correct formal uniform. There will be invitations sent to parents to attend this event. All family members are most welcome. Please bring a plate to share afterwards. It commences at **6.00pm in the Maryknoll Centre**. More information will be sent home with the students in Year 6. Hopefully there won't be a massive hail storm this year!

Saint Vincent de Paul Christmas Appeal

Very shortly there will be requests for students in Prep to Year 11 to bring along items for this Christmas appeal. Items could include toiletry items, toys, clothing outfits (babies, toddlers), fun activity packs, Christmas items e.g. bon bons etc. This is run across the whole school and items presented to Mrs. Barrett the manager of our Kingaroy Saint Vincent de Paul store at our Christmas Concert. Please support this worthy cause.

Behaviour

After this week there are three weeks of school left. I know!! Where did that time go? As the year draws to a close the children are feeling the effects of a long school year. As a result, there are a few playground incidents that are creeping in before school, morning tea, lunch and even after school as children walk down to the buses or head off home. Please ensure children are getting enough sleep and are eating well to help reduce the reasons for some of the out of character behaviour. Everyone is getting tired (including the teachers), school work is in the final stages of assessment, the completion of class curriculum is happening and as a result, fuses are getting shorter. As always, please encourage your child to see the playground duty teacher, class teacher or myself to report any incidents. Please let's enjoy these last few weeks together in the spirit of Saint Mary's as we all follow the 5 values of Saint Benedict. Be Respectful, Be Responsible, Be Just, Be Safe and Be Your Best.

Kind regards

M

APRE News

What does a teenager believe or believe in?

This term I have had the fortune (some might argue) of teaching an extra class. I picked up Year Seven Religion. I have not taught this year level for a block of time ever in my life. I was a little apprehensive, not so much about the content but about the skills I might need for that particular age group. I think there is an assumption that all teachers can teach everything at every age group. However, as in most professions, teachers do specialise in learning areas and in age groups. I have certainly had to reach into my bag of tricks to move everyone forward including myself.

What has been a revelation in this experience has been the thirst for knowledge students in this age group have, especially in Religious Education. The unit the Year Seven classes are doing involves examining the Creeds: Nicene and Apostle's. These are statements of faith that the Church at various times made to clarify, unite and guide believers. It has been so encouraging to see how the Year Seven students have articulated contemporary examples of 'personal creeds and beliefs' and also be challenged by and engaged in Catholic doctrine. As one student quoted to me on Monday, "Faith is certainly required because these documents are really complicated". The class discussed the term faith and we came up with a definition: "It is the belief in something we can't

see or touch." This opened up the notion of God, Jesus, and the Holy Trinity. I had to pinch myself; 13-year-old students, so deep and open to discussion about some ultimate questions about self and others.

Please ask your child what they are learning about in Religion and be prepared to tease it out with them. You may be surprised.

Kind regards
Mr Martin Perrett
APRE

Office News

2017 Schedule of Fees and Charges and Term 4 Fees Reminder

The 2017 Schedule of Fees and Charges was circulated to families by email last week and is now also published on the College website. Please contact the office should you require a copy. Families who would like to put in place a payment arrangement now for 2017 should contact the Finance Secretary, Briony Hoare, to discuss your account. Reminder Statements for Term 4 fees will be sent this week to families who have not yet paid or contacted the College to make a formal payment arrangement.

Kind regards
Miss Kym Schultz
Business Manager



Library News

Textbook hire books: All textbook hire books are now overdue with the exception of Years 7, 8 and 9 (their textbooks books will be due this Friday). If any books are required for revision/study for exams please hold onto them and return them straight after the exam.

Please remind students that they need to start returning textbooks not required as soon as possible.

All other library books are now overdue, with the exception of Years 7, 8, 9 which will be due on Friday.

Yours in reading
Mrs Katie Mangan
Teacher Librarian

Music Notes

Approaching Events

- Sunday, 4th December – 5:30pm – Kingaroy Community Christmas Carols (Volunteer singers Years 3 to 6)
- Thursday, 26th January 2017 – South Burnett Regional Australia Day Awards Evening (Senior Primary Choir)

Celebration of the Arts

Oh, what a night! Congratulations to all of our talented Arts students who participated in our annual showcase evening on Thursday. Several musicians performed in the Art Gallery prior to the commencement of the more formal part of the evening, and the Senior Primary Choir flash mob took many by surprise with their energetic performance of the Torres Strait Islands song, *Sesere Eeye*.



The Year 3 String Immersion Orchestra, in the capable hands of String Tutor, Mrs Jo Kennedy, gave a polished and confident performance to open the formal concert program. On stage, we were entertained by woodwind performers Lydia Ford and Trinity Miller, singer/guitarist, Seraiya Gordon, and vocal duets by Ernie Corbet and Ashleigh Reinbott, and Madi Wintour and Millie Garlick. The Senior Primary Choir reprised their Silver Award-winning performance of *This Ol' Man*, and the Secondary Vocal Ensemble performed the rock classic, *Africa*. This ensemble, new in 2016, has such enormous potential, and it is planned to include the SVE in the Queensland Catholic Music Festival tour in 2017.



Our musical powerhouse, Ashleigh Reinbott, kept the Senior Rock Band tradition alive with fellow Seniors, Jackson Lucas and Seraiya Gordon, and the Year 10 Rock Band provided the half-time entertainment with their debut performance. Watch out for future appearances by this group of students; they are a talented bunch, indeed. Madi Wintour and Millie Garlick kept the night running smoothly with their capable stage and sound management.

Congratulations to my Arts colleagues, Mrs Bron Langford-Martoo, Ms Amy Woodruff, Ms Caitlin Woodman and Mrs Angelique Arden, and a huge thanks to the members of the P&F for providing the sausage sizzle and refreshments.

Kingaroy Community Carols – Sunday 4 December

The students in Years 4 – 6 are welcome to sing in the Saint Mary's contingent at this year's Community Carols, held in the Kingaroy Town Hall Forecourt. We will be performing a simple, yet very beautiful, song, "Light of Light", and have purchased 50 battery-operated candles to add to our performance. A permission letter will be out this week.



Regional Australia Day Awards – Thursday 26 January

The College has been invited to provide a choir to perform at the Annual South Burnett Regional Australia Day Awards to be held at the Kingaroy Town Hall on the evening of Thursday 26 January 2017. It is an honour to be asked to perform at this prestigious regional event, and an acknowledgement of the growing body of musical talent within our College. I have decided to give this particular opportunity to the Year 4 and Year 4/5 classes (2016), as both groups have achieved above and beyond expectations throughout the year. This permission letter will also be out this week.

Yours in music
Mrs Jane Iszlaub
Music Coordinator

Tuckshop News

Friday Specials

Available both Morning Tea and Lunch

- 😊 Oven Baked Fried Rice -\$3.50
- 😊 Bacon and Cheese Baked Potato - \$3.50

Please note: Due to supplier issues some stock will not be available for purchase. We will substitute where necessary.

Thank you for your understanding.

Volunteers

If you would like to volunteer in the tuckshop, you can do so by calling Monday, Wednesday and Friday to discuss how to volunteer.

Please ensure that you have the current 2016 Menu. If you have misplaced your menu, they are available from the College office.

Donation of Goods

If you are able to donate any of the following items during the year, it would be greatly appreciated. Below are the main ingredients we use, however, any donations are more than welcome.

Self Raising Flour
Desiccated Coconut
Plain Flour
Brown Sugar
Caster Sugar
Small Tinned Pineapple Slices
Small Tinned Corn

These can be dropped into the tuckshop on Monday, Wednesday, Friday or to the College office.

Ordering and Payment

We now have two options for ordering: online and the paper bag system. For Prep to Year 5 students it is recommended that you use either of these systems.

Online Ordering System QKR (Quicker): Your child's online order will be sent to the tuckshop where it will be printed out. The orders are filled and placed in the class baskets. Their baskets are collected at morning tea and lunch. You are not required to send in a paper bag once you have ordered online.

Paper Bag System: Your child's order will be placed in the tuckshop baskets in their classroom in the mornings. The baskets are delivered to the tuckshop and orders are filled. Their baskets are collected at morning tea and lunch. Please do not use sticky tape or staples when using paper bags for ordering. It makes it difficult to get the bags undone without tearing. Plastic bags are not suitable for ordering as it is very difficult to place your child's order inside them. Bags can be purchased from the tuckshop for .05c each.

Year 6 to Year 12 students are more than welcome to use either system. If using the paper bag system, students place their bag orders at the tuckshop before school.

Ordering a Slush Puppie or Iceblock

When you order a Slush Puppies or Iceblock through the online or bag system your child needs to come back to the tuckshop to collect same. They can collect Slush Puppies at any time. Iceblocks can only be collected after the 10 minute bell. Your child must have their tuckshop bag with them to collect these items.

Do you know.... that we sell salad boxes at 2nd Break? You can order a small (\$3.00) or a large (\$5.00). Add ham or chicken for an extra dollar. Made fresh, how you like it, every day.

Regards
Mrs Michelle Davis
Tuckshop Convenor

Last
Blue Light Disco
for **2016!**

Ducking Bull 'Special' Guest Free Sausage Sizzle

25 November 2016

6:00pm to 8:30pm
Kingaroy Town Hall
Glendon Street, Kingaroy

\$5 entry
Prep to 14 years
High School ID must be shown

Proudly supported by:

SOUTH BURNETT REGIONAL COUNCIL southburnett THE TIMES H 90.7 4SB 1071 AM

Parents to collect children from **INSIDE** the hall (at any time)

Harry Potter and the Philosopher's Stone

There is an AMAZING event happening on 1 April 2017 at the Brisbane Convention Centre that we want everyone to know about.

The Qld Symphony Orchestra is performing the entire soundtrack to 'Harry Potter and the Philosopher's Stone' underneath a giant screen which will play the movie. It looks incredible and is a One Night Only event.

Pursers coaches will run a bus and they have advised they now have 30 tickets for sale for \$150 each. This price includes an A-reserve ticket and return coach transport.

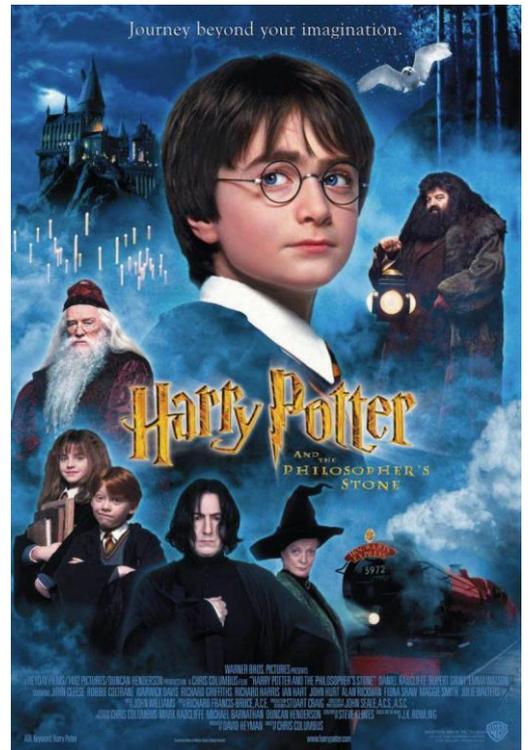
Please contact Pursers for bookings:

40 Gore Street, Murgon

Phone 4168 1533

Fax: 4168 3629

Email: purserscoaches@bigpond.com



Dates to Remember

Thursday, 10th November

Prep 2017 Orientation Day 1 Group B
Year 6 Camp

Friday, 11th November

Year 6 Camp

Tuesday, 15th November

Family Mass
Year 12 Valedictory Dinner 5pm Kingaroy Town Hall
P&F Meeting 7pm

Thursday, 17th November

Prep 2017 Orientation Day 2 Group A

Friday, 18th November

Year 12 Last Day
Graduation Mass 9am in Maryknoll Centre
[Office Closed Between 9am and 10.30am](#)

Monday, 21st November

Year 11 Work Experience All Week

Tuesday, 22nd November

Year 7 Orientation Day
Whole School Assembly

Wednesday, 23rd November

Board Meeting 5.30pm

Thursday, 24th November

2017 Prep Orientation Day 2 Group B
Rites of Passage 6pm

Friday, 25th November

Year 10 and Year 11 Last Day
Blue Light Disco

Monday, 28th November

Primary Leaders Day – Year 6

Wednesday, 30th November

Year 7 Excursion
Carols Night 6pm

Thursday, 1st December

Prep to Year 6 Swimming Carnival

Friday, 2nd December

End of Year Mass 9am
[Term 4 Completed. School finishes at 12.30pm](#)
[Office closes at 3.30pm](#)

Tuesday, 24th January 2017

[Term 1 Commences](#)

Thursday, 26th January

Australia Day Holiday

