



Saint Mary's Catholic College

SOUTH BURNETT

NEWSLETTER *Term 03 Week 08*

PO Box 311, 10 Kent Street,
 Kingaroy QLD 4610
 P 07 4160 0900
 F 07 4162 1581
 Student Absences
 07 4160 0950
 M 0408 261 566
 EMERGENCY USE ONLY
 pskingaroy@bne.catholic.edu.au
 www.saintmarys.qld.edu.au

Contents

From the Principal	1
Uniform Shop News	2
Music Notes	2
Probus Club Event	3
From the Tuckshop	3
From the P&F	4
From the Parish	4
Fortnight at a Glance	4
Community Notices	5

From the Principal

Mrs Radcliffe on Leave

Our Head of Primary, Ms Pam Radcliffe, will be taking some leave from 3 to 21 September as she travels to South Australia to celebrate the birth of her twin grandchildren. In her absence, if you have any concerns about a child in Prep to Year 6, please feel free to contact our Primary Learning Leader, Ms McGufficke, our Primary Support Teacher, Mrs Perrett, or our Primary Wellbeing Leader, Mrs Lenihan. We wish Ms Radcliffe all the best for this special time and look forward to seeing her again next term.

This month on SchoolTV - Sleep

Students today have extremely busy schedules, with ever increasing responsibilities at school and at home. Many kids, especially adolescents, are going to bed later and later and are at risk of sleep deprivation. This affects three areas of a child's development: psychological, physiological and psychosocial. All three are essential to a child's growth, learning ability and overall wellbeing. Sleep is vital to a child's overall health and is as important as diet and exercise.

Sleep also strengthens a child's immune system and supports their ability to function properly on a daily basis. Children who do not get enough sleep show increased levels of aggressive behaviour, are less attentive and are much less active. Trying to catch up on sleep on weekends is not the answer and can still lead to severe sleep deprivation.

In the most recent edition of SchoolTV, parents can learn about the importance of sleep and how sleep deprivation can have adverse effects on a child's health and wellbeing. We hope you take time to reflect on the information offered in this month's edition and we always welcome your feedback.

If you have any concerns about your child, please contact our College Guidance Counsellor, Mr Graham Turnbull, for further information.

Here is the link to this month's edition <http://saintmarys.qld.schooltv.me/newsletter/sleep>

Happy Father's Day!

I hope all the wonderful Dads in our community enjoyed a special day on Sunday and were thoroughly spoiled by your loved ones.

God bless

Mrs Angela Myles
 College Principal



realise your dignity

Uniform Shop News

We have had a lot of interest in the new soft shell Jackets. We still have a few sizes available in sizes 14 - 2XL. We are looking at placing another order for next winter. If you are interested in ordering a soft shell jacket, please call in to the uniform shop on a Wednesday morning 8am to 11am or Thursday afternoon 1pm to 4pm. The sooner we can get the numbers for the jackets we can go ahead and order them.

Kind regards

Mrs Joanne Bellert

Uniform Shop Convenor

Music Notes

An article in the news caught my eye this morning. It concerned a new monument being constructed in Pennsylvania at the sight of the horrific crash on 11 September 2001 of United Airlines Flight 93. (You may remember that this was the flight where the passengers and crew members carried out an insurrection that prevented hijackers from crashing the plane into their intended target in Washington.)

The monument is known as “The Tower of Voices”, as it will include a bell in honour of every soul lost in the crash.

The monument designer and creator is heavy metal musician and composer, Brett Fugate. The article, which I encourage everyone to read, makes the point that a "metalhead" might seem an unlikely choice for this project, but explains that Fugate has degrees in molecular biology as well as music, and has a background in machinery and welding. At the time of the crash, Fugate was using his skills to build instruments such as marimbas and xylophones, which require precision tuning. For the memorial project, he has machined massive tubes weighing up to 150 pounds and ranging from 8 to 16 inches in diameter and up to 10 feet in height.

Stories such as this one remind me of the diversity of the students I have had the pleasure to teach over the years in my music classes. Not all students want to become professional musicians or music teachers, but some, of course, do. Although they scatter to the wind once they leave school, the students that keep in touch have chosen fascinating careers, including orchestral administrators, sound engineers, online game composers, music therapists - just to name a few. Many others have chosen professions outside the field of music and have found their knowledge of music as a helpful way of connecting with others in their profession. (See the link below to Paul Murdoch Architects, who have been contracted to design the plans for the monument.) Many recreationally enjoy their passion for music as folk/metal/classical weekend warriors and concertgoers.

As our Senior students apply for tertiary courses and jobs, and our Year 10 students select subjects for study in 2019-2020, they are asked to consider two questions: “What are you good at?” and “What do you enjoy?”. I wonder if Brett Fugate ever imagined that his high school music, metalwork and science studies would lead him to be chosen as the creator of one of the most powerful monuments in the United States of America?

For more information on the *Tower of Voices* project:

<https://www.paulmurdocharchitects.com/tower-of-voices-part-of-flight-93-national-memorial>

https://www.washingtonpost.com/entertainment/museums/forty-chimes-will-ring-at-flight-93-national-memorial-to-honor-the-40-killed/2018/08/30/0af34fb0-9f23-11e8-83d2-70203b8d7b44_story.html?utm_term=.4f1e8517432c

Yours in Music

Mrs Jane Iszlaub

Music Teacher and Middle Leader Co-Curricular Arts and Culture



Probus Club Event

On Tuesday 4 September a number of our dance and music students entertained the members of the Probus Club of Kingaroy. The members were delighted with the students talent and confidence to perform their items. The String Quartet of Zoe Hoare, Amelia McCarthy, Adelene Smith and Hamish Mungall were accompanied by Jo Kennedy and Jane Iszlaub while the dance students from Years 9, 10 and 11 performed a number of items from their repertoire of performance items and curriculum items.

The Probus Club were extremely grateful for the students visit, so much so the students were presented with a framed certificate of appreciation.

Thank you to the students who participated today. You did your College proud.

Miss Jessica Cunningham

Curriculum Learning Leader - The Arts



From the Tuckshop

Friday Green Board Specials

Available both Morning Tea and Lunch

Meatlovers Pizza Muffins (2) - \$2 each

Bacon and Cheese Baked Potatoes - \$4 each

QKR

*****PLEASE ENSURE YOU HAVE UPDATED YOUR CHILD'S CLASS AND YEAR ON QKR*****

QKR (our online ordering system) closes at 9am every Monday, Wednesday and Friday. If your child is away the day of your order, you can cancel your order online up until 9am of that day.

Volunteers

If you would like to volunteer at the tuckshop, you can do so by calling on Monday, Wednesday and Friday to discuss how to volunteer.

Donation of Goods

If you are able to donate any of the following items during the year, it would be greatly appreciated. Below are the main ingredients we use, however, any donations are more than welcome.

Self Raising Flour
Desiccated Coconut
Plain Flour
Caster or Brown Sugar
Tinned Pineapple Slices
Small Tinned Corn
Beetroot

These can be dropped into the Tuckshop on Monday, Wednesday, Friday or to the College Office.

Item Unavailable

If an item your child has ordered is not available we will substitute, after consultation with your child, with an item of equal value.

Have great week!

Mrs Michelle Davis

Tuckshop Convenor

From the P&F

Father's Day

We truly hope the dads of our SMCC community had a wonderful day with their families.

Many of the SMCC students purchased small gifts at the P&F Father's Day stall. The excitement and care students display when they independently choose that 'special' gift for their dad is magic! To support the student in this task was a merry band of shopkeeper parents: Kate Oram, Karen Garner, and our stall organiser Sarah Harvey.

God bless

Mr Damien Martoo

P&F President

From the Parish

Listening Forum

Fr Chukwudi would like to spend some time with you to discuss any issues that you see and how best as a Parish these can be handled. In order to facilitate this each Church will hold a *Listening Forum*. The following dates have been set for both Parishes:

- Yarraman - Saturday, 8 September at 5.30pm
- Cooyar - Friday, 14 September at 6.30pm
- Blackbutt - Saturday, 15 September at 5.30pm
- Kingaroy - Sunday, 16 September at 11am
- Kumbia - Saturday, 22 September at 6.30pm
- Nanango - Saturday, 23 September at 8.30am

These times are estimated as meetings will be conducted directly after Mass in the Church. ***Please note date and time change for Kumbia.***

Fortnight at a Glance

Wednesday, 5 September

QCS Test

Youth Group at St Mary's Church 3pm to 5pm

Thursday, 6 September

Year 7/8 Mathematics Challenge at Kingaroy State High School from 5.30pm

Friday, 7 September - Thursday, 13 September

Year 11-12 Exam block

Friday, 7 September

Rugby League Gala Day

Thursday, 13 September

Orana Aged Care Visit from 3pm

Friday, 14 September

Prep to Year 6 Activity - Heave Ho Off We Go

Monday, 17 September

Year 9 Environmental Excursion

Tuesday, 18 September

Benedictine Awards at 12.25pm

Parents and Friends Meeting from 5.30pm

Wednesday, 19 September

National Titration Comp

Thursday, 20 September

Prep Readiness Program 9am to 10am in Room 7



Futsal Summer Season 2018/2019

AGES: Juniors (4-7 year olds) 4pm-5pm
 Juniors (8-11 year olds) 4pm-6pm
 Teens (12-16 year olds) 4pm-6pm
 Seniors (15+) Thursday 6pm-9pm

WHERE: Saint Mary's Catholic College,
 10 Kent Street, Kingaroy.

Summer Season Commences: October 2018

COST: Junior and Teens: Registration (12 Months), Insurance, Training and Game Fees.

Seniors: Registration, Insurance and Game Fees.

Juniors- (4-7yrs) \$150

Juniors- (8-11yrs) \$245

Teens- \$245

Seniors- \$170

Season runs for approx. 20 weeks

Nominations: Teams or Individual Nominations are Welcome.

Come and Try Day: Saturday 8th September 2018

Starting at 10am

Tracey: 0437093694

Cathy: 0408072238

CONTACT US: Facebook: @SBFCKingaroy **EMAIL:** southburnettfutsal@gmail.com



S
O
U
T
H
B
U
R
N
E
T
T
F
U
T
S
A
L
C
L
U
B
I
N
C

FUN STARTS HERE

PCYC TAABINGA OUTSIDE SCHOOL HOURS CARE VACATION CARE



7AM TO 6PM WEEKDAYS
 AFTERNOON TEA PROVIDED

BOOKINGS ESSENTIAL

<p>MONDAY 24 SEPT 2018 TECHNOLOGY DAY</p> <p>Bring your technology from home and enjoy a day of researching some online facts or are they fiction!!</p>	<p>TUESDAY 25 SEPT 2018 COOKING FOR AN AFTERNOON HIGH TEA</p> <p>Help create and cook a light afternoon tea for a PCYC Taabinga High Tea Additional Cost</p>	<p>WEDNESDAY 26 SEPT 2018 GYMNASTICS</p> <p>Have fun jumping on the trampoline, walking the beams or swinging from the bars at PCYC Murgon Additional Cost</p>	<p>THURSDAY 27 SEPT 2018 SCAVENGER HUNT WITH A CAMERA</p> <p>Use the camera to take pictures of the items you are looking for and put them together as a project. You never know what you may find!</p>	<p>FRIDAY 28 SEPT 2018 RIVER ROAD PARK AND PICNIC</p> <p>Take a short walk to the River Road Park where you can play on the equipment, kick a football and have a nice picnic lunch. All before heading back to the service for a movie and popcorn</p>
<p>MONDAY 1 OCT 2018 PUBLIC HOLIDAY</p> <p>CLOSED</p>	<p>TUESDAY 2 OCT 2018 WHEELS DAY</p> <p>Bring your bike, skateboard or scooter and show us your moves. Make sure you bring your helmet for safety</p>	<p>WEDNESDAY 3 OCT 2018 SEWING AND ORIGAMI DAY</p> <p>Make a cushion, learn to hand sew, make a sock puppet OR make a hat with Origami, a swan or a crane. The choice is yours Additional Cost</p>	<p>THURSDAY 4 OCT 2018 GYMNASTICS</p> <p>A day of rolling, jumping and swinging at PCYC Murgon Gymnastics Additional Cost</p>	<p>FRIDAY 5 OCT 2018 CRAZY HAIR AND FLURO DAY</p> <p>Wear your crazy hair or have it done here and don't forget to wear your fluro gear. Fun with 70's music and all things fluro. Additional Cost</p>

ENROL IN OUR VACATION CARE PROGRAM NOW!
CALL 0428 227 057
www.pcy.org.au/vacationcare



- ✓ Confidence
 - ✓ Focus
 - ✓ Respect
 - ✓ Discipline
 - ✓ Co-ordination
 - ✓ Self Defence
 - ✓ Courtesy
 - ✓ Values
- 2 FREE TRIAL LESSONS**
- Its all about
Life & Safety Skills
Fun & Fitness!



Kingaroy - Nanango - Blackbutt
 Murgon - Gympie - Chinchilla - Dalby

Register Now Follow Us on Facebook Too!
www.karate4kids.com.au

PH 1300 854 542