Dear parents, carers and friends of Saint Mary’s,

Last week, there were many events around RUOK (Are you OK?) Day. Anxiety and depression alone affects around 3 million Australians. Figures for Australian Children suggest that "...15 to 20 per cent of children and youth struggle with a mental health problem. This could mean that in a classroom of thirty students, five or six students may be experiencing a mental health problem, and three or four of them may have a problem that significantly interferes with their daily life." BCE Website

The Beyond Blue website (https://www.beyondblue.org.au) has lots of useful information and advice for people of all ages who may be dealing with anxiety and/or depression including:

**Anxiety**

Anxiety is the most common mental health condition in Australia. On average, one in four people (one in three women and one in five men) will experience anxiety at some stage in their life. In a 12 month period, over two million Australians will experience anxiety. Anxiety is common, but the sooner people with anxiety get help, the more likely they are to recover. Anxiety is more than just feeling stressed or worried. While stress and anxious feelings are a common response to a situation where a person feels under pressure, it usually passes once the stressful situation has passed, or ‘stressor’ is removed. Anxiety is when these anxious feelings don’t subside. Anxiety is when they are ongoing and exist without any particular reason or cause. It’s a serious condition that makes it hard for a person to cope with daily life. We all feel anxious from time to time, but for a person experiencing anxiety, these feelings cannot be easily controlled.

**Depression**

While we all feel sad, moody or low from time to time, some people experience these feelings intensely, for long periods of time (weeks, months or even years) and sometimes without any apparent reason. Depression is more than just a low mood – it’s a serious illness that has an impact on both physical and mental health. Depression affects how people feel about themselves. They may lose interest in work, hobbies and doing things they normally enjoy. They may lack energy, have difficulty sleeping or sleep more than usual. Some people feel irritable and some find it hard to concentrate. Depression makes life more difficult to manage from day to day. The encouraging news is that there are a range of treatments, health professionals and services available to help with depression, and there are many things that people with depression can do to help themselves.

Our College’s motto, “Realise Your Dignity”, calls each one of us in realising our own innate dignity, to also realise others’ dignity. As a Christian community we are called on to support all in our community who are dealing with their own mental health issues and those who are dealing with these issues within their families.

On Monday morning, as part of Disability Awareness Week, our Year 3 – 6 students had the great privilege of hearing the inspirational Jodi Elkington-Jones speak. Jodi is a gold-medal winning Paralympian who has represented Australia in the Commonwealth Games, the International Paralympic World Championships and the London Paralympics. Jodi was very impressed by our students’ behaviour and great questions.

On Tuesday, we also raised money for the Orange Sky Laundry which provides mobile laundry services to street people in Brisbane. Brisbane Catholic Education is hoping to raise $70,000 to
purchase another van. The Orange Sky Laundry was the brain-child of two ex-Catholic school students in Brisbane who bring dignity to street people through a clean set of clothing and the chance to sit and chat while their washing gets done. Thanks to all of the students, parents and staff who supported this worthwhile charity.

I would like to congratulate our College community and our College P&F who together raised $3700 at our 2015 Rock on Stage event to support the Good Samaritan Sisters' Bacolod Kindergarten in the Philippines. This money will make a huge difference to the lives of these children.

On Friday we will hold our Benedictine Awards (from 11am) and annual Saint Mary's Feast Day Talent Show (from 11.45am on). These two great events will hopefully cap off a memorable term. Families are most welcome to join us to celebrate both the considerable talents and commitment of our students.

Parents and carers need to be aware that there is a Public Holiday (Labour Day – Monday, October 5) and Pupil Free Day (Monday, October 19) that will affect families in term 4. Tuesday, October 6 will be the first day of term 4. The Pupil Free day is a day when teachers from across the state work with teachers from other schools to ensure the consistency of their assessment pieces and marking.

I wish all of our Saint Mary's families and staff a safe and happy holiday and ask for God's protection until we meet again.

May God our loving Father protect all in of our Saint Mary's family over the coming holidays. 
May these holidays provide the rest and re-creation our community needs to see us through to the end of the year. 
May Saint Mary, Help of Christians and St Benedict's blessings be with us all.

Yours in Christ
Mr Michael Nayler
Principal

Deputy Principal News
Saint Mary's Catholic College has many talented members, many of whom are 'quiet achievers', humble young people who take part in providing service to others, always do their absolute best, work for the betterment of themselves or others and represent their families, school and community in a distinguished manner. Our Benedictine Awards acknowledge some but there are many others who work quietly behind the scenes, towards an objective or achieve a goal without any 'public' acknowledgement.

I want to take this opportunity to mention and acknowledge one such young person, Kimberley Ross one of our year 12 students. Kimberley recently took part in the Blackbutt Bloomin' Beautiful Festival and received a highly commended for her entry. She was required to present a speech (public audience) and her topic discussed ways of improving or enhancing the local community.

It is important that we recognise the young people in our community who are achieving or working in service to others, challenging themselves to do more and step outside their comfort zone. I encourage all students to let myself or a Wellbeing Leader know, so that their accomplishments can be recognised by the community.

‘Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved.”

Helen Keller

Weekly Focus: Starting and Finishing the Day Well
The focus this week is 'starting and finishing the day well', with a particular attention to homeroom time.

Homeroom each morning is an opportunity for students to focus and set the tone for the day. Morning homeroom begins with a prayer (usually student led), the daily notices are read and information is provided about upcoming events and changes to schedule. Many important details and much information is communicated during this time. And for this reason it is important that all students are present and attentive.

Homeroom in the afternoon is an opportunity to reflect on the day and is also a time when students are reminded important information for the following day.

Have a great rest of the week and a restful and safe holiday break.
Ms Sonia Robertson
Acting Deputy Principal

realise your dignity
**SET Plans**

This week the Year 10 students will be selecting subjects for Senior Schooling, and also completing the first draft of their Senior Education and Training Plan (SET).

The Queensland Studies Authority requires all students in Year 10 to complete a Student Education and Training plan (SET plan).

The SET plan is designed to ensure that all students make informed decisions for their educational future, and that subject selections are aligned with the student's educational goals. More information on SET plans can be obtained from the QSA website at:


On Thursday 17th September, all Year 10 students complete a first draft of their SET plan.

These will be done with assistance and supervision from the students assigned academic Mentor (Mr Nayler, Ms Robertson, Mr Curran, Mr Perrett, Mr Turnbull and Mr Dalton).

The next stage of the process is for the student to then speak to parents and carers about this draft document, and then both student and parents or carers attend a one-to-one interview with their nominated mentor. These interviews will be held in early Term 4, and more detail about these meetings will arrive home with students nearer that time.

Regards
Mr John Dalton
APA

**APRE News**

**OrangSky Laundry – local response to a global problem**

The world is witnessing one of the greatest crises in homelessness of the modern era. The Syrian refugee situation is as bad as it gets and it involves much cruelty, sadness, displacement and discrimination. There has also been a great international response to the unfolding events with several countries opening their doors to these desperate people. Unfortunately debate rages here in Australia, as it does around the world, as to whom we should take in. I was reminded last night when watching Q&A, that these refugees are humans first, and defining them by their religion or cultural background is again another form of discrimination. There is no doubt that Christians have been targeted and in the Middle East they are probably the most rejected group of people, however they stand beside many other humans of the same plight. Watching thousands of these refugees at an Austrian train station on TV last night and seeing the relief and smiles on some very tired faces did remind me of the hope the modern world can provide.

Yesterday, our students were part of a hopeful plan to get the Van. Students were encouraged to wear orange and bring a gold coin as part of a Brisbane Catholic Education initiative to help a brave organisation called OrangeSky Laundry. The organisation is a mobile clothes washing facility for homeless people and they aim to provide a level of dignity through cleanliness. A van decked out for the job costs about $70,000 and the idea is that if every student in the Archdiocese supports the cause, another van would be bought. We have played our part and we look forward to seeing when and how the new van is put to use. I have enquired about getting the van out this way sometime for a visit. I would welcome a visit from the boys and to share with them some of our initiatives and work with homeless and the less fortunate.

**Junior Dance for Vinnies**

I would like to thank Mrs Pam Radcliffe, Mrs Judy Costigan and the Year Six class who ran a dance on Friday night for the primary school. The money raised is being donated to the local Saint Vincent De Paul chapter and presented on Friday at our Benedictine Award ceremony. I know there were some very crazy costumes with dancing as wild to match. A special thank you is extended to other staff and parents who volunteered to supervise on the night, their support makes the event safe and possible.

**Cheque to Bacolod**

Yesterday we sent a letter and cheque to the value of $1900 to Sister Leonie Duenas, the Principal of our sister Good Samaritan

realise your dignity
School, Bacolod Kindergarten in the Philippines. The cheque is the result of much hard work by teachers and students at Rock on Stage and the generous donations provided by local business and families and friends of the college. Sister Leonie usually responds by way of a letter and I look forward to hearing from her and passing on her news to our community.

Regards
Mr Martin Perrett
APRE

Office News

Direct Debit Payment Arrangements
While the College is happy to offer parents the convenience of paying fees and levies by regular instalments it is important that if you are using the Direct Debit option that you ensure that there are funds in your account to cover your regular deductions. Failure to do so will see both the College and the parent’s bank accounts charged a dishonour fee.

Fees Statements to be Emailed
Commencing Term 4, all Statements of Fees & Levies will be emailed to families. We will use the email address of the account holder which was provided to the College either during the enrolment process or via the Parent Portal ‘Update Details’ page. If you have not provided an email address to the College, your Statement will continue to be posted to you. The Statement will only be sent to account holders. If you wish to check your details or update your email, please contact our Finance Secretary, Briony Hoare, in the College office.

Regards
Miss Kym Schultz
Business Manager

Counselor News

“The fears that assault us are mostly simple anxieties about social skills, about intimacy, about likeableness, or about performance. We need not give emotional food or charge to these fears or become attached to them. We don’t even have to shame ourselves for having these fears. Simply ask your fears, ‘What are you trying to teach me?’ Some say that FEAR is merely an acronym for ‘False Evidence Appearing Real.’ From Everything Belongs, p. 143’ - Richard Rohr

Library News

Library Borrowing
Library borrowing for this term has ended. Please return all library books and Take Home Readers to the library as soon as possible.

Yours in reading
Mrs Melanie Burr
Teacher Librarian

Prep to Year 6 Student Wellbeing Leader

A big thank you to the Year Six students who helped out on the night and in the lead up to the event. But a special thank you to Ainsley, Addison, Caitlyn and Emma for being the original crew who approached me many months ago and who have consistently come to meetings for several months to organise this event.

Also a big thank you to Mrs Costigan who was there all night and helped to clean up and see to it that everyone was picked up safe and sound. A big thank you to the parents and staff who helped clean the hall, stack chairs, empty bins etc. AND you made $140 dollars for the Saint Vincent de Paul Society.

There were some crazy and funky outfits which included amazing hair styles! Thank you to the girls and boys on the night who did some amazing things with their hair. I would not like to be brushing out some of those hairstyles - Josie your hair would take the longest to undo and brush. Cooper how much shampoo would you have used??!!

WELL DONE EVERYONE!

Jodi Elkington-Jones Visit
On Monday, Jodi Elkington-Jones came to speak with the students in Year 3 to Year 6. She spoke about her dreams and aspirations and living with

realise your dignity
Cerebral Palsy. She spoke of the excitement of winning at the Paralympics, of participating in events all around the world – India, London and soon to go to Qatar. Jodi won gold at the 2014 Commonwealth Games for Long Jump. She brought her medal which the children could hold. The questions the students asked ranged from how she started out, her favourite events and her special diet while she is in training. Jodie spoke about being the best she could be and pushing herself to the limit of her endurance. She spoke to the children as part of Disability Action Week.

Regards
Ms Pam Radcliffe
Prep to Year 6 Student Wellbeing Leader

**Prep to Year 6 Sport News**

**Wide Bay Representatives**
Well done to Fletcher Brown and Taylor Armstrong who have both been selected in the Wide Bay Cricket team. This is an amazing achievement. We are very proud of you, well done!

**Relay For Life**
Thank you to those who have joined a Relay For Life team with the College. Please keep fundraising. Students need to try and raise at least $100. The weekend is the 10th and 11th of October. This is the first weekend of term 4.

Yours in sport
Miss Ellen Inwood
Prep to Year 6 Sports Coordinator

**Year 7 to Year 12 Sport News**

Last one for the term-hope you all have an enjoyable and safe break.

This week we have a number of our students competing in the Wide Bay athletics trials. Just do your very best and may God bless your performances.

Last Friday two of our younger teams participated in the Taabinga 10 a side rugby league carnival. This was sponsored by the ARL and played under modified conditions. Every student received a ball on the day.

It was one of the best days I have experienced in my three years at Saint Marys.

Every student had a great day out. The Year 4’s ran third-only being beaten once all day and in the semi final. Tom Currin was a standout-he scored 7 tries over the day. I really valued students’ efforts and behaviour on the day.

The Year 5’s merged with St Joeys due to numbers and in an awesome effort went undefeated all day - beating Taabinga in the final. Taabinga have over 700 students and have never been beaten in 5 years that the carnival has been run.

To hear them sing ‘We are the Champions’ on the way home in the bus was simply priceless.

And Jay Evans-that tackle was one of the best I have seen!

Well done lads!
Mr Allan Medlen
Year 7 to Year 12 Sports Coordinator

**Music News**

**Our Achievements**
What an amazing term we have had in the College Music Department! Here are some of our achievements:
- the Year 1 and 2 students are geniuses at identifying their rhythms as well as singing So and Mi (with their voices and their hands);
- the Year 3 String Immersion students have taken their violins home for a sleepover, AND have learned how to hold their bows correctly;
- the Year 3/4 class gave a wonderful performance on P-6 Assembly about going on holidays;
- the Year 5, 5/6, and 6 classes now know pretty much everything there is to know about the ukulele, and have written some fantastic songs;
- the Year 7 students are reading REAL music and playing as a REAL percussion ensemble (which is quite noisy);
- the Year 8’s have reached several Australian Curriculum standards after only ONE term of Music;

realise your dignity
• the Year 9 Music students have composed their own Blues Songs, and have fully notated the on music manuscript (quite a challenge);
• the Year 10 Music class can play a whole Coldplay song as a class rock band, 
• the Senior Music students have performed a beautiful song by Bobby McFerrin as a 4-part class vocal ensemble.

Recent Purchases
To give our students the best possible opportunities at sharpening their skills, we have invested some of the College budget on the following items:
An overhaul of the drum kit (see photo), and the purchase of a beautiful new bass clarinet to add another bass voice to the Senior Orchestra.

Junior Choir
The Junior Choir is looking and sounding fabulous. It’s great to see so many of our younger students performing with such confidence and energy. Here’s a photo!

Date Claimers
16 September Instrumental Music Rewards Party (second break)
18 September Benedictine Awards (Jnr and Snr Orchestras), Feast Day Talent Show
14 October Yr 9 Arts excursion to ‘Strictly Ballroom’ and GOMA
17 October The Gap SHS Choir Tour workshop and concert (10am – 3pm)
22 October Annual Instrumental Music Evening (6pm)
29 October Awards Night (Snr Orchestra)
5 November Celebration of the Arts – all ensembles (6pm)
3 December Saint Mary’s College Carols Night (Junior Choir, Snr Orchestra)
6 December Town Hall Forecourt Combined Ministries Carols Night (Junior Choir)

Have a great holiday, everyone. See you next term!
Ms Jane Iszlaub
Music Coordinator

Indigenous News
Congratulations to all our kids for a fabulous and busy term. We are very proud of all the assignments, tests, traineeships, work experience and TAFE you have all done but most of all for turning up to school everyday and giving it your best.

Wishing everyone a lovely and relaxing September holidays and we will see everyone back in Term 4.

Kind regards
Mrs Karen Bond, Aunty Nikki Law, Mrs Amanda Erwin & Mr Ryan Williams

Indonesian Language and Cultural Day - Wednesday, 16th September
The Year 5,6,7 &8 Indonesian language students have participated in a morning of activities to celebrate the language and culture of Indonesia.

The objective of the morning was to engage students across the learning areas with their Indonesian studies. The funding for this experience was possible through a Federal grant I applied for to maximize student engagement and success with Indonesian studies.

The activities included singing, kite making, Borobudur building, batik making, Bingo, trivia contest, Interactive Volcano displays, photo booth and a shared Indonesian lunch.

Everything was provided for the students.

It was an exciting and engaging day for all the Indonesian Language students. They have all worked really hard this term and have put a lot of effort into setting up the activities.

Thanks so much for your support.
Miss Rachel McNamara
Indonesian Teacher
Literacy and Numeracy News
During the course of the last week or so, we have celebrated International Literacy Day, Indigenous Literacy Day and Literacy and Numeracy week. Each of these events seeks to acknowledge the importance of literacy and numeracy in our lives and in our ability to take our place fully within society.

The small literacy and numeracy groups will finish at the end of this term. We will advise parents/carers in due course about arrangements for next term.

A reminder for all students that there is storytelling time each Thursday in the library at lunchtime. We have many students, especially from Prep to year 3, attending. Everyone is welcome to join us.

Regards
Mrs Amanda Erwin
Literacy Lead

Vocational Education and Training News
Congratulations to Year 10 student Ethan Paroz who is commencing a school based traineeship with Nanango Country Bakehouse and Café this week! Ethan will be completing a Certificate III in Hospitality over the next two years with South West TAFE. Congratulations Ethan!

Year 7 Geography and Science Field Trip
Last Friday, the Year 7 class participated in a combined Geography and Science field trip to consolidate their learning about the water cycle and how water connects people, places and the environment. The students visited Wooroolin Wetlands and Silverleaf Weir where they collected water samples and conducted a field analysis of the local land and water use. They also visited the Wondai Water Treatment Plant where they learned about the water treatment and distribution process for the town's water supply. A big thank you to Adam Branch of the South Burnett Regional Council for showing the students around the Wondai Water Treatment Plant and to all the staff who assisted in making the field trip so successful.

Regards
Miss Louise Kennedy
Geography Teacher

Year 12 Valedictory Fundraising Events
- Thursday, 17th September - Baked goods 50c to $2 and cheerios in a cup with sauce $2 for 5. Located in the Maryknoll Canteen at Morning Tea and Lunch.

Thank you to Mrs Karen Ford for donating baked goods towards our bake sales and Ryan's Butchery Wondai for supplying the sausages for our sausage sizzles. All money raised will go towards our Year 12 Valedictory Dinner to be held at Cassis at Boole in November.

Regards
Year 12 students

Whip Cracking News
Upcoming Whip Cracking Dates
- Saturday, 3 October - Murgon Dairy Museum Festival Whip Cracking Performance
- Friday, 16 October - Chinchilla Campdraft Whip Cracking Performance

Whip Cracking Practice
Whip Cracking practice is published in the College Daily Notices each week.

Regards
Mrs Lauren Arrell
Whip Cracking Coordinator
Friday Specials
Morning Tea and Lunch – Potato Scallop $2.00 😊
Morning Tea and Lunch – Hot Dog with Sauce & Cheese $3.50 😔

There are NO Pies or Sausage Rolls sold on a Friday.

Donation of Goods
Thank you to all those that have donated their time and goods this term.

If you are able to donate any of the following items, it would be greatly appreciated. Below are the main ingredients we use, however, any donations are more than welcome.

- Self Raising Flour
- Caster Sugar
- Beef Stock Powder
- Small Tinned Pineapple
- Small Tinned Corn

These can be dropped into the Tuckshop on Monday, Wednesday, Friday or to the College Office.

Ordering and Payment
For Prep to Year 5 students it is recommended that you use the paper bag system. Your child’s order can be placed in the tuckshop baskets in their classroom in the mornings and this is then delivered to the tuckshop. Orders will be filled and returned to the classes at morning tea and lunch. This will ensure that they will have their lunch on time. Please do not use sticky tape or staples when using paper bags for ordering. It makes it difficult to get the bags undone without tearing. Plastic bags are not suitable for ordering, it is very difficult to place your child’s order inside them. Bags can be purchased from the tuckshop for 50c each.

The paper bag ordering system is for Prep to Year 5 as well as High School. The high school students place their bag orders at the tuckshop before school.

Slush Puppies
Please make sure your child is aware that if they order a slush puppy, they must collect them from the tuckshop. They are not able to be put into the tuckshop baskets.

Volunteers this week
Friday 18th September - Amanda Hetherington

Have a wonderful break!
Mrs Michelle Davis
Tuckshop Convenor

Parents and Friends News
All chocolate money is due to the College office as soon as possible.

A big thankyou to those who helped collect stickers for the Woolies Earn and Learn promotion. The promotion has now finished, so if anyone still has stickers or dockets at home can they please bring them to school as soon as possible so that we can finalise them. We can’t wait to see what the teachers put in their wish lists.

I wish everyone a wonderful holiday. If you are travelling, may you travel safely. I look forward to seeing everyone back in the final term for the year.

As always if you would like to contact me my number is 0419766141 or email: sbrobb@gmail.com
God bless
Mrs Susan Robertson
P&F President

Jobs close: 5pm Friday Sept, 25, 2015.
Apply via the BCE Employment page @ www.bne.catholic.edu.au
Term 3 began with all the excitement of our ‘Alice In Wonderland’ Rock on Stage act. The Year 3 students presented a fantastic performance! This would not have been possible without the help of the mums and dads preparing the fabulous costumes. We have very supportive and creative parents, thank you!

In English, the students have been focusing on learning the Procedure text type. They have engaged with various procedures ranging from conducting science experiments to drawing self-portraits. From these learning experiences, the students have independently written a detailed procedure of their choice. This week they have presented their procedure as a spoken text for fellow classmates. There have been many skilfully constructed procedures presented, covering a great number of interesting topics. We’ve all learnt so much from each other.

The literary text guiding our learning about reading and writing has been ‘The 52 Storey Tree-House’. This ridiculously humorous children’s novel by Andy Griffiths has provided a highly engaging platform for focusing the class on comprehension, particularly literal and inferential meaning in text.

In Geography, the students have been enthusiastically creating different maps relating to Australia and investigating Australia’s Major Natural Features. The detail and neatness of the students work has been commendable!

Religion has required the students to use the Old Testament story, ‘Jacob’s Ladder’ to examine God’s relationship with his people, the Israelites. The class has reflected on the Beatitudes as a possible guide for moral judgement in their lives.

We all look forward to a well-deserved break before the busyness and excitement of term 4.

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**Sausage Sizzle Order Form**

**Thursday, 17th September 2015**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sausages</td>
<td>$1.50</td>
</tr>
<tr>
<td>Poppers</td>
<td>$1.50</td>
</tr>
</tbody>
</table>

**Sausages**

Name_____________________________  Number of Sausages________

**Poppers**

Year Level____________  Number of Poppers________

**Sauce (Please Tick)**

<table>
<thead>
<tr>
<th>Option</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tomato</td>
</tr>
<tr>
<td>BBQ</td>
</tr>
<tr>
<td>None</td>
</tr>
</tbody>
</table>

All money raised will go towards the Year 12 Valedictory Dinner.

realise your dignity
School Holiday Special!!!

Kilkivan Bush Camping is a local family run camping ground catering to families that want a fabulous value for money holiday spot close to home.

- No peak rates
- Only pay for 2 children over 5 – the rest of the kids are free
- Stay 4 nights and only pay for 3
- FREE pancake breakfast on Saturdays
- Bikes and pets welcome
- Campfires allowed

For more information please contact us on 5484 1340 or email kilkivan@bushcamping.com.au

Check us out on Facebook :)

Let’s start a BMX Club in Kingaroy!

Boys and Girls, Men and Women BMX racing is for everyone!

We need YOU to register your interest to get a club going!

A meeting will be held to gauge community interest in starting a BMX club in Kingaroy for the South Burnett area:

WHEN: Monday 21st September
TIME: 7pm
WHERE: Kingaroy Church of Christ cnr Holy & Burnett St’s.

If you are unable to make this meeting but would like to register your interest, please email or phone Priscilla on pgash@bigpond.com or 4162 1842.

For more information on BMX visit: www.bmxaustralia.com.au

Schoolburnett Community Orchestra presents

SYMPHONY IN THE SOUTH BURNETT

Free Concert

Sunday 4th October 3pm
Kingaroy High School Assembly Hall

Enter the Car park off Markwell St bus turnaround

The South Burnett Community Orchestra is holding local and visiting musicians for a 2 day music workshop with 4 specialist instrumental tutors

Come hear the results of the workshop – a variety of music from each section and the full orchestra.

For more information please email: sbcorchestra@hotmail.com
See also: www.sbsonline.com.au or www.facebook.com/sbcorchestra

South Burnett Regional Council presents

SYMPHONY IN THE SOUTH BURNETT

Instrumental Workshops
3rd – 4th October 2015
Kingaroy High School Assembly Hall

Do you play a musical instrument? Come join with the South Burnett Community Orchestra and 4 specialist tutors for an awesome two day music workshop. All musicians welcome!

Cost $10 includes sheet music, 2 day workshop, morning & afternoon teas
Optional dinner and jam session Saturday night at Taabinga Homestead
Invite your friends and family to a FREE CONCERT Sunday 3pm at Kingaroy High School Assembly Hall

For more information or to register your interest, please email: sbcorchestra@hotmail.com
See also: www.sbsonline.com.au or www.facebook.com/sbcorchestra

The Regional Arts Development Fund is a partnership between the Queensland Government and South Burnett Regional Council which aims to support local arts and culture.
**PCYC SOUTH BURNETT VACATION PROGRAM**

**MONDAY 21ST SEPTEMBER**
**IN CLUB DAY 9AM-1PM**
Gaming Day - organised games with full supervision from qualified instructors. Cost $10

**TUESDAY 22ND SEPTEMBER**
**MURGON DROP INN**
Xbox, PS, pool, all open. Cost FREE

**WEDNESDAY 23RD SEPTEMBER**
**IN CLUB DAY 9AM-1PM**
Gymnastics, skateboarding with full supervision and qualified instructors. Cost $10

**THURSDAY 24TH SEPTEMBER**
**MURGON DROP INN**
Xbox, PS, pool, all open. Cost FREE

**FRIDAY 25TH SEPTEMBER**
**BEACH TRIP - SUNSHINE COAST 9AM-4PM**
Fully supervised excursion to the coast (positions limited). Cost $20

**MONDAY 28TH SEPTEMBER**
**TEN PIN BOWLING 9AM-4PM**
Fully supervised excursion to Kingaroy (positions limited). Cost $20

**TUESDAY 29TH SEPTEMBER**
**MURGON DROP INN**
Xbox, PS, pool, all open. Cost FREE

**WEDNESDAY 30TH SEPTEMBER**
**KINGAROY CINEMA 9AM-1PM**
Fully supervised excursion to Kingaroy (positions limited). Cost $20

**THURSDAY 1ST OCTOBER**
**MURGON DROP INN**
Xbox, PS, pool, all open. Cost FREE

**FRIDAY 2ND OCTOBER**
**LASER TAG**
In Club Day - Fully supervised game of Laser Tag (positions limited). Cost $20

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**FREE School Holiday FUN**

**LOOM BANDS**

**The Great LEGO® Building Challenge**

**Week 1: LOOM BAND WORKSHOPS**
There will be a large range of coloured bands for kids to choose from and plenty of looms to go around. Best of all, they get to keep their creation and even wear it home!

**When:** Monday 21st to Friday 25th September 2015
**Times:** From 1pm daily (or until stocks are exhausted)

**Week 2: THE GREAT LEGO BUILDING CHALLENGE**
Calling all LEGO® builders, enthusiasts and &challengers! The Great LEGO® Challenge is coming and will stretch your imagination and creativity. Create LEGO® masterpieces of your own design from a selection of LEGO®.

**When:** Monday 28th September to Saturday 3 October 2015
**Times:** Round times + Age groups for days 1-5
- Round 1: 10:30am (3-Phaties) + Round 2: 11:30am (5-Funsters)
- Round 3: 11:30am (3-Phaties) + Round 4: 12:30pm (4-14 years)
**Finals to be held Saturday 3 October 2015**
- Round 1: 10:30am (3-Phaties) + Round 2: 12:30pm (4-14 years)

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Kingaroy Shoppingworld
kingaroyshoppingworld.com.au