Dear Parents, Carers and Friends of Saint Mary's,

As a mum, I try hard to ensure my daughter eats a healthy, balanced diet. Admittedly, I don't always succeed, and 'treats' are not uncommon in our household. I do believe, however, that not giving her the right foods can have consequences for her learning. We all lead very busy lives, but it is important that we think carefully about what our children are eating and take the time to teach them about how to make positive and healthy choices. This week, I wanted to highlight a FREE online program called PEACH™ (Parenting, Eating and Activity for Child Health). PEACH™ is available to all Queensland families with primary-school aged children and can be completed at home, in your own time, at your own pace. It has been running across Queensland since September 2013, and has seen enrolments of more than 1100 children from more than 900 families. The program is designed to give you and your family the information, tools and support you need to make healthy eating and activity a part of everyday life.

There are 10 interactive sessions, with introductory videos, easy-to-navigate information, activities, tools, and links to recipes and resources. Families can also join weekly 'live' online chats with a dietitian facilitator and the online parent forum.

PEACH Online covers:
- **Nutrition** – lunchbox and snack ideas, reading labels and ingredients, dealing with fussy eaters, healthier takeaway choices, making healthy eating affordable and tips on planning ahead
- **Physical activity** – the benefits of exercise, how to be more active as a family, physical activity recommendations for children, and how to reduce screen time

The PEACH program is run by the Queensland University of Technology and is funded by the Queensland Government.

Families can register for PEACH Online until 31 August 2016, and will have until 30 December 2016 to complete the program.

To register, free call 1800 263 519 or visit www.peachqld.com.au

**St Mary's Mass**

This Sunday, staff and students from Saint Mary's College will play a special role in the 10:00am Mass at St Mary's Catholic Church. This will be a Children's Mass and will, therefore, have a particular focus on the young people in the community. The music, prayers and homily will be specifically directed towards the children. Fr Nigel is planning on making this a regular feature in our Parish. The intention is to help the growing number of children attending mass to be able to participate as fully and actively as possible in our celebration of the Eucharist. All are very welcome!

**Domestic and Family Violence Awareness Month**

Domestic and Family Violence Prevention Month is held annually in May to raise community awareness and send a clear message that domestic and family violence will not be tolerated. There will be activities held at the College during this week as part of a broader community response taking place throughout the South Burnett. DV Awareness activities aim to:

- promote partnerships and collaboration across the community
- raise awareness about the occurrence and impact of domestic and family violence and provide information about available support
- engage and educate Queenslanders to create a community that supports respectful relationships, practises positive attitudes and behaviours, and promotes a culture of non-violence
- challenge Queenslanders to consider their attitudes towards domestic and family violence and recognise that a whole-of-community response is needed to stop the violence
empower family, friends, neighbours and colleagues of victims to take steps they might not otherwise take to respond to domestic and family violence.

Celebration of Learning
This Thursday evening, we are holding our Primary Celebration of Learning at the College. This year, the event will also be combined with a performance by our Eisteddfod groups. This will be a fantastic event – a great chance to come along and see what your children have been learning and to also enjoy some wonderful entertainment. I hope that many of you are able to attend.

College Board
In recent College Newsletters, I included some information about our College Board. We are still accepting nominations for new members to join the Board. I ask again that you give some consideration to nominating either yourself, or someone you know who you think may be able to make a valuable contribution to the Board. Our next Board meeting will be held on Wednesday 25 May. Those people wishing to nominate for the board will be asked to attend that meeting to take part in a discernment process. If you would like to submit a nomination, you can do so by completing the attached and either submitting it to the College Office or emailing the completed form to pskingaroy@bne.catholic.edu.au. If you have any questions, please don’t hesitate to contact me at the College.

Head of College Positions
You may be aware that we are currently seeking applications for our Head of College positions for 2017. These positions (Head of Primary and Head of Secondary) were new to the College in 2016, and therefore, Mr Erwin and Mrs Radcliffe were initially appointed into these roles for 12 months. We are now going through a selection process for people to be appointed into these positions in a more long term capacity. Mr Peter Stower will be visiting the College on Tuesday 24 May in order to deliver a short presentation for parents regarding the nature of these position and to carry out some consultation on the selection process. All parents are welcome to attend this briefing from 5:30pm. It will be held in our new classroom block.

God Bless

Miss Angela Myles
Principal

Walk Safely to School Day – Friday 20th May
The National Walk Safely to School day is this Friday. Primary school children parents and carers are encouraged to walk safely to school or to park the car a little further away and walk together. This promotes road safety, health and the environment. Just raising awareness of the benefits of walking when possible.

Stig Wymass at the Town Hall
Year 3 to Year 6 have been invited by the South Burnett Libraries to attend a ‘reading’ by Stig Wymass. He is the voice of many audio books for children. This is at the Kingaroy Town Hall on the 13th June from 10.00am to 11.30am. There is no cost.

Bolinda Digital will be recording the show on the day and have asked for all schools attending to sign release form/s. SMCC has media forms that parents have signed. However, Bolinda (who are filming) have requested separate permission for this occasion.

If SMCC has photographic consent for all students attending, we can complete the school form on behalf of all the students.

If individual students do not have photographic consent and they agree to have their child in all promotional material taken on the day there is a special form that needs to be filled out. This is available at the front counter.

If you have not signed SMCC media release forms and do not wish your child to be filmed then let the school know asap. Otherwise it will be assumed that your child can be filmed.

Proudly hosted by South Burnett Libraries, this free, interactive event is guaranteed to have your students in stitches! Stig’s shows are designed to raise awareness of the benefits and fun of audiobooks for school aged children, while encouraging a love of reading. The shows have heaps of audience interaction with participation rewarded in prizes! Stig also finishes each show by narrating one of his popular stories.

Stig is a stitch-inducing, joke-cracking funny man who makes reading cool and will have the kids laughing for days. The voice of more than 150 audiobooks, including the Treehouse Series, and books by Tim Winton, Paul Jennings and Morris Gleitzman, Stig trained as an actor in Perth and New York and has appeared on stage and television.

For more information about Stig and his shows, including videos, visit his website www.stig.com.au
Celebration of Learning this Thursday
See you this Thursday at 5.30pm as you come along to have a look through the classrooms and see the work your child is producing. There will be some displays and the children get a big kick out of showing their parents around their classroom etc.

There is a free sausage sizzle (with onions!!), soft drinks $1 and tea and coffee available from 5.30pm. At 6.30pm there will be performances from the students who have performed at the local Eisteddfod. Please bring a blanket to sit on or a chair and set yourselves up facing the new music classroom with its outdoor area. The playgrounds will be out of bounds that evening and children are not to play on the equipment. There is also a Wishing Well for donations to the music department if you wish to donate.

NAPLAN
NAPLAN is over for another year. Thank you to all the children and parents of 3,5,7,9. Thank you to the teachers and staff who helped out over the four days. The daily fruit platters in the morning were a real brain wake up!

Kind regards
Ms Pam Radcliffe
Head of Secondary

APRE News

Orana Visits
For quite some time now Mr Neil Hutton, our College Campus Minister, has been taking students up to Orana Community Care Facility on a fortnightly basis. The aim of the visits is to provide a little extra company for some of the patrons who live up there. I was fortunate to go up with the group a couple of weeks ago. Orana is a Lutheran run facility that provides different levels of care for patrons and we have been allowed to visit them. The group of students, predominantly from year 6, break up into small groups and go to various rooms of people who are happy for visitors. The students get as much of a thrill as we hope their hosts do. I was surprised how comfortable, vibrant and bubbly the students are. Joan Anderson and Joyce Peterson were two lovely ladies that we visited last time and they are pictured here catching up on the ‘goss’ with some of our girls.

The College would like to thank Orana for facilitating these visits and providing our students with a valuable life experience.

Community BBQ
On the second Tuesday night of every month, the College provides a meal at Danny’s Diner at the Uniting Church. It is a place for people of all walks of life to come and share a meal and catch up on the week. This is our third year as part of it. Currently have a dedicated group of Year 12 students who have consistently showed up to cook and clean and socialise with the families. Special mention to Caylan Brown, Simon Walker, Keeley Walker, Jayde Novak, Sarah Haack, Jade Baker, Jorja Smith, Shauna-Lee Williams, Jaymee Van Dyk (Year 9) who represent us so well.

Mr Julian Connelly has been a stalwart in the operation from the get go and his time and effort are greatly appreciated.

If you think you might be able to help in anyway, please contact me at the College, we are always looking for baked goods, home cooked soup or a meal.

Kind regards
Mr Martin Perrett
APRE

realise your dignity
Office News

Office Closed
The Office will be closed on Tuesday, 24th May from 9am to 10.30am so all staff can attend Our Lady Help of Christian Feast Day Mass. Any students that arrive to school late are to sign in at the Maryknoll Centre.

Kind regards
Miss Kym Schultz
Business Manager

Guidance Counsellor News

Supporting Children And Young People Through Parental Separation And Divorce
Generationnext.com.au

In Australia nearly one in two marriages end in separation and divorce. This directly impacts many children in our schools and adults in our workplaces, parishes and social networks, and quite possibly our own family too. Coping with the family changes that result can be challenging for children and their parents, and for those supporting the family including relatives and friends, work colleagues and school staff. Some knowledge and understanding of what children and young people are dealing with can help us to provide the right kinds of support, when and where it can help.

Reactions of children and young people
Children's reactions to separation and divorce are unique and varied, and can be more easily understood if we look at separation and divorce as a process over time, rather than a one off event. The child's age, their personality, their previous life experiences, what support networks they have around them, and how well their parents are managing all impact on how children react and cope. Some thoughts about children and young people's reactions are shared below. These are only a general guide, as every child's experience is unique, even within the same family. Paying attention and noticing how each child manages change is a very important role that adults can play as they guide and support young people in adapting to new situations.

Children in the preschool years may ...
1. recognise that they are seeing one parent less or differently
2. imagine fearful outcomes that seem real to the child
3. regress in some areas, e.g. toileting, language and style of play
4. show feelings such as anxiety and fear in actions e.g. clinginess and tantrums

Children in the primary school years may ...
1. understand more about what separation and divorce means in their family
2. hold unrealistic fears about the future that seem real to the child
3. blame themselves for family changes
4. experience physical symptoms including feeling sick, headaches, tiredness
5. show feelings in a range of ways – from being ‘over’ co-operative and agreeable to being angry and lashing out

Young people in the secondary school years may ...
1. feel a sense of loss similar to those of other adults involved and in their extended family
2. experience the changes in their family as unique, and so feel different and alone
3. worry about family finances
4. be unwilling to be a part of family arrangements that they feel don’t suit them
5. feel angry, anxious, sad and overwhelmed
6. engage in risky behaviours as a way of dealing with their feelings about the changes

What can children and young people do for themselves?
Children and young people are often caught in the middle when the family changes. However, there are things they can be encouraged to do that may help:
1. read (appropriate) picture books and novels to understand they are not alone and that other children are dealing with similar issues
2. talk to their parents about how they are feeling
3. talk to other interested and supportive adults and peers about how they are feeling
4. visit child-focused websites for age-appropriate information about separation and divorce – this can help allay fears and provide facts and ideas on coping.

How can parents help?
Parents may be just coping with the changes and losses that come with separation and divorce, and can feel overwhelmed in supporting their children the right way while they try to manage themselves. Importantly, one of the best things parents can do is look after themselves – parent wellbeing is key to children coping well.
Parents can also help by:
1. finding time, space and attention to spend talking and listening with their child
2. letting children and young people have a say in decision making
3. managing home routines that are constant, warm and reassuring
4. ensuring children are eating well, sleeping enough and getting some exercise
5. letting school know what is going on so that other adults can support their child
6. accepting help from others (whether to mind the children for some parent time out, someone to have a laugh or a cry with, or a trusted adult for children to turn to).

How can other adults help?
There are often many adult care-givers in a child’s life, including grandparents, relatives, family friends, teachers and other school staff. Each can play a role in supporting children and young people as they manage family change. Suggestions include:
1. provide security and support to children and young people
2. help children and young people feel competent and in control
3. maintain expectations and consistent discipline
4. keep lines of communication open
5. respond appropriately, with understanding, if behaviour issues arise.

Schools can also help by recognising that all families have strengths and working with these strengths in supporting children and young people. School staff can also aim to maintain communication with both parents in a range of ways, and provide additional information and referral options for children and young people who need some more support.

Kind regards
Mr Graham Turnbull
Guidance Counsellor

Uniform Shop News
The cold weather has arrived and we have all sizes available in the tracksuit jackets and pants. Socks have arrived and we now have all sizes available. Uniform shop hours are Wednesday 8.00am - 11.00am and Thursday 1.00pm - 4.00pm.
Thank you
Mrs Joanne Bellert
Uniform Shop Convenor

Library Corner
2016 Premier’s Reading Challenge
The reading period for the 2016 Premier’s Reading Challenge at Saint Mary’s started on Monday 16th May and closes Friday 26th August.

This year the Premier has challenged all state and non-state school students from Prep to Year 2 to read or experience 20 books, Years 3 and 4 to read 20 books and Years 5 to 9 to read 15 books. ‘Experiencing’ books can include shared reading, listening to stories, or reading picture books.

Students have received a reading challenge record sheet and bookmark to help them keep track of the books they have read.

Every student who completes the challenge will receive a Certificate of Achievement signed by the Premier. It will be my great pleasure to present these certificates to students in Term 4.

*DATE CLAIMER: Monster Book Fair 30th May to 3rd June.*

Yours in reading
Mrs Melanie Burr
Teacher Librarian
Chess News

The SMCC Primary and Secondary Chess teams will be travelling to Maryborough for the Wide Bay Regional Chess competition on the 23rd May. Forms have been handed out to students last week. Please be aware that there is an entrance fee of $18 payable via the QKR app/to school office by this Friday.

Kind regards
Mrs Melanie Burr
Chess Coordinator

Curriculum Corner

Assignment Extensions and Non-Submission Process:
I would like to draw your attention to the Assignment Extensions and Non-Submission Process within our College’s Year 7-12 Assessment Policy. This process has been explained to students by their teachers and will continue to be reinforced throughout the year.

1. All assignments are to be ready for submission at 8:45 am on the due date. However, depending on the daily timetable, they may be collected at any time of the day. If students are planning to use college printing facilities, this must be done prior to the due date.
2. Where an extension is sought, it must be for valid reasons, and submitted to the Teaching and Learning Leaders (Mrs Melanie Burr Yr 7-10 and Mr Wayne Dunbrack Yr 11 & 12) at least three days before the due date. It must be submitted on the Assignment Extension Form which is available from Mrs. Rutley in the office. Only in unforeseen circumstances will an application be approved if it is submitted less than 3 days before it is due.
3. Approved applications will be attached to the late submission.
4. If a student is absent on the due day, the assignment will be due to the subject teacher before home room on the day the student returns to the College. A note of absence must be attached to the late submitted work.
5. Failure to submit will result in teachers supervising the student in class to complete the assignment on the due date. Students will not be given overnight to complete the work.
6. When this action for non-submission has occurred, the teacher will contact the parent by phone or email to inform them that this process to ensure submission has been completed.
7. Teachers also inform the Teaching and Learning Leaders about non-submission and a record is kept.
8. Loss of student work due to computer malfunction is not a valid excuse for non-submission. It is the responsibility of the student to ensure that assignments are backed up to reliable alternative sources such as a USB or self-emailing a copy.
9. Where a student is absent due to a planned school activity or excursion, and an assignment is due on that day, prior negotiation with the teacher is the responsibility of the student.

Plagiarism

Plagiarism is the use of other people’s ideas or words and using them as your own by not acknowledging where those ideas or words came from. Plagiarism is a form of cheating and will affect students’ achievement on assessment tasks.

1. Students are shown varied examples and taught about plagiarism by their teachers. In addition to properly referencing printed materials, this includes correctly using and referencing web sources for music, content and images.
2. When plagiarism is found in the draft submission, teachers will discuss this with the student highlighting the areas and where possible citing the areas where plagiarism was found. Students will be asked to correct these parts before final submission.
3. If plagiarism is found to be evident in the final submission, only the parts of the work that are not plagiarised will be marked.
4. Teachers will notify parents via phone or email.
5. Teachers will notify Teaching and Learning leaders so a record can be kept.
6. Plagiarism includes the re-submission of work done previously for another assessment task.

Kind regards
Mrs Melanie Burr
Year 7 to Year 10 Teaching and Learning Leader

Year 10 to Year 12 Student Wellbeing Leader News

Mr Dunbrack’s Math C and Ms Dunn’s Biology Class had the opportunity to hear about the ‘Griffith Rural Priority Access Scheme’ (RPAS) this week. Jill Wheeler from Northlook Clinical facility at Kingaroy Hospital gave insights into the new scheme that will include Dentistry, Midwifery, Nursing, Speech Pathology and Occupational Therapy studies by 2018 intake.

Currently the 2017 intake will ensure that 25% of students studying Medicine are from a rural background. The MD program at Griffith is a graduate entry degree; school leavers who wish to apply have 2 options.

realise your dignity
Apply to Bachelor of Medical Science (MD Provisional Entry for School Leavers) at Brisbane (Nathan campus) or Gold Coast (Parklands campus). This degree is a 2 year accelerated course; there is no UMAT or interview process required. Students graduate with a GPA of 5 or higher, successfully complete ‘Human Skills for Medicine’ and move seamlessly into the MD program.

The second option is to apply after completion of a health or a non-health related degree. Selection here is based on a combination of a student's GPA and GAMSAT (Graduate Medical School Admissions Test) results which leads to participation in the GUMSAA (Griffith University Multiple Stations Admission Assessment) competitive process. Each option will now have a rural student quota of 25% of the year cohort.

Rural background is defined as having spent 10 years collectively or 5 years consecutively in areas 2-5 in the Australian Statistical and Geographical Category of Remote Areas.

Griffith University - Bachelor of Medical Science
This degree, designed for high-achieving secondary school leavers, provides the opportunity for you to progress directly into our Doctor of Medicine (5099)*.

Completion of the Bachelor of Medical Science program with a GPA (calculated according to Graduate Medical Admissions Centre procedures) of at least 5.0 and a minimum grade of Pass in the designated course Human Skills for Medicine will see graduates GAIN SEAMLESS ENTRY into the Griffith University Doctor of Medicine. This means these students WILL NOT SIT THE GAMSAT.

**Entry Requirements**

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**Griffith University Rural Priority Access Scheme**
From 2017, 25% of the Griffith University medical science intake will be required to be from a rural background RA2-5. Therefore, applicants who meet the criteria will be given priority access to Griffith University Bachelor of Medical Science programs. For more information please contact Jill Wheeler on 0429 209 640.

**Classroom News**

**Year 1A Parents**
This week in Mathematics we are looking at measuring capacity or volume in litres and millilitres. Could you please complete the homework sheet with your child and help him or her find items at home that measure more or less than a litre. Please return the sheet as soon as completed so we can share the learning in class.

Thank you.
Madame Leclercq (Monique)
Year 1A Classroom Teacher

**Visual Art Department**
Congratulations to the following students for being accepted as finalists into the annual USQ Future Visions Senior Art students competition.

- Miranda Blackman ‘Creek Spirits’
- Jordan Francis ‘Days of the Dead’
- Lydia Ford ‘Mandala of Sand’
- Nathan Brandon ‘The Way It Was’
- Mikaila Schloss ‘The Wave of Constellation’
- Bonnie Winch ‘Ride’
- Rebecca Hydes ‘Buddha’

These pieces will be on display at USQ Artwork for the month of June.

Kind regards
Mrs Bronwyn Langford-Martoo
Visual Art Teacher

realise your dignity
Music News

Important Dates
- Thursday 19 May, 6pm – “Celebration of Learning” (all Eisteddfod groups)
- Tuesday 24 May – Feast Day Mass (Secondary Vocal Ensemble)

Eisteddfod Showcase Concert
The College Senior Orchestra and the Secondary Vocal Ensemble performed at the 2016 Eisteddfod Showcase Concert, which was held at the Kingaroy Town Hall on Saturday evening. The groups were invited to perform as winners of their sections and recipients of the Ken Mills Trophy for Combined Primary-Secondary Bands, and the Woodleigh and Joan Yappa Shield for Secondary School Choirs respectively. All performers did their very best and are very deserving winners.

Senior Orchestra – New Rehearsal Arrangements
The Senior Orchestra will be rehearsing on Wednesday at Morning Tea for the rest of the term. Families and students will be advised when Monday afternoon rehearsals recommence.

***Back Due To Popular Demand! – Celebration of Learning Performances***
I am aware that many families were unable to see their child’s performance at the recent Kingaroy Eisteddfod due to work commitments. The performances were so outstanding that I have arranged for the students to perform for you as part of the ‘Celebration of Learning’ on Thursday 29 May.
evening, as I would hate for parents and carers to miss seeing their wonderful children "in action". The concert will be finished at approximately 7.15pm.

Students performing include:
- Year 2 and Year 3 (Junior Primary Choir)
- Zoe Hoare and Amelia McCarthy (Violin duet)
- Years 4, 4/5, 5, 6A and 6B (Senior Primary Choir)
- Year 6 Vocal Trio
- Year 4 String Immersion
- College Chamber Orchestra
- Secondary Vocal Ensemble

No uniform is required. Please arrive at the Music Centre by 6pm so we can organise the students into their groups. Don't forget to bring your picnic rug or folding chair.

A wishing well will be located near the BBQ should any families like to make donations to the Music Programs at the College. Soft drinks will be on sale, with all contributions gratefully received, and directly benefitting our students.

Looking forward to sharing our musical achievements with you on Thursday evening!

Yours in Music
Ms Jane Iszlaub
Music Coordinator

School Musical

Rehearsal this Thursday after school. Please meet at the tuckshop eating area at 3.00pm. Parents to collect students from Stop drop go at 4.00pm.

Homework bus will be available for students who reside in Wondai/Murgon.

Kind regards
Mrs Bronwyn Langford-Martoo

Indigenous News

Congratulations going out to some of our students -

- Hayden Boney, who is now undertaking a traineeship with the Cherbourg Council while also completing his Cert II in Agriculture.
- Janaya Rose for coming 4th in cross country, Janaya is now in the South Burnett Team to compete in the Wide Bay Cross Country later this month.
- Anquon Sandow, who joined Mr Hutton last week for his 1st Meals on Wheels endeavour.

A reminder that students are to please wear their school jumpers and tracksuit pants only (old or new style), no other form of winter clothing is permitted.

Kind regards
Mrs Amanda Erwin, Mrs Karen Bond and Miss Niketa Law
Indigenous Department
**Career and Employment Transition Coach News**

**USC (University of the Sunshine Coast) Student Experience Day for Years 11 & 12**

The school is organising a whole day trip to the University of the Sunshine Coast (USC) for Year 11 and 12 students. We decided not to make this a mandatory excursion for students to attend but we highly recommend they do. It will be a fun day down at the coast where we will be greeted by student ambassadors from USC on arrival and from there we tour the campus and accommodation areas. We will also be given a brief presentation of courses at USC and an insight into university life. This is a good opportunity for our students to find out more about pathways to university and we welcome all senior students to attend.

Date: Wednesday June 1st, leaving the school by bus at 8am and returning around 6pm.

Cost: Allow $20 for lunch in the university café. Also bring morning tea and a water bottle for the bus trip down to the coast.

Permission Form: Students will get more information about this via their homeroom teachers this week and signed permission forms are due back by Friday 27th May.

Kind regards

Ms Trudy Byrnes

Careers and Employment Transition Coach

**STIE News**

Since 2015, Saint Mary's has been engaged in an IT Action Learning Project. The second phase of this project is to explore the use of IT in the form of 1:1 technology in the classroom to support a diversity of learners and learning styles. Approximately 50 students have been selected to participate in this project from those students who need some extra support through to students requiring extension and opportunities for independent learning. These students will be provided with an iPad with organisational and educational apps as a learning tool for both school and home. Evidence will be collected of the predicted positive results of 1:1 technology to support students' individual learning needs and styles with the intention of exploring the introduction of 1:1 technology throughout the school in coming years. A big thank you to the P & F for purchasing all the covers for the iPads and their overall wonderful support of this Action Learning Project.

Kind regards

Ms Louise Kennedy

STIE

**Tuckshop News**

**Friday Specials**

Morning Tea and Lunch - Oven Baked Fried Rice $3.50

Morning Tea and Lunch - Pulled Beef & Gravy Roll $3.50

**Please note:** Due to supplier issues some stock will not be available for purchase. We will substitute where necessary. Thank you for your understanding.

***There are NO Pies or Sausage Rolls sold on Fridays.***

**Price Change:** Large Milk are now to $3.20 each.

If you have misplaced your menu, they are available from the office.

**Donation of Goods**

If you are able to donate any of the following items during the year, it would be greatly appreciated. Below are the main ingredients we use, however, any donations are more than welcome.

- Self Raising Flour
- Desiccated Coconut
- Plain Flour
- Brown Sugar
- Caster Sugar
- Beef Stock Powder
- Small Tinned Pineapple Slices
- Small Tinned Corn

realise your dignity
These can be dropped into the Tuckshop on Monday, Wednesday, Friday or to the College Office.

**Ordering and Payment**
We now have two options for ordering, online and the paper bag system. For Prep to Year 5 students it is recommended that you use either of these systems.

**Paper Bag System:** Your child's order will be placed in the tuckshop baskets in their classroom in the mornings. The baskets are delivered to the tuckshop and orders are filled. Their baskets are collected at morning tea and lunch. **Please do not use sticky tape or staples when using paper bags for ordering. It makes it difficult to get the bags undone without tearing. Plastic bags are not suitable for ordering, it is very difficult to place your child's order inside them. Bags can be purchased from the tuckshop for $0.05 each.**

**Online Ordering System QKR (Quicker):** Your child's online order will be sent to the tuckshop, where it will be printed out. The orders are filled and placed in the class baskets. Their baskets are collected at morning tea and lunch. You are not required to send in a paper bag once you have ordered online.

Year 6 to Year 12 students are more than welcome to use the either system. If using the paper bag system, students place their bag orders at the tuckshop before school.

**Do you know...**
That we sell Hamburger! Our Hamburgers are made fresh to order. They consist of a homemade beef patty with salad (lettuce, tomato, carrot and cucumber) and your choice of sauce (tartare, sweet and sour, soy, bbq, tomato, mustard or mayo). Priced at $5.50 This is available to **order for second break only!**

Have great week!
*Mrs Michelle Davis*
*Tuckshop Convenor*

**Whip Cracking News**

**Whip Cracking Team Upcoming Events**
- Rural Discovery Day - Thursday 18 May
  Brisbane Exhibition Grounds
  School Bus Departing SMCC 5:30am

Kind regards
*Mrs Lauren Arrell*
*Whip Cracking Coordinator*

**P&F News**

**Mother's Day Stall**
Thank you to all the parents: both Dads and Mums for allowing your children to choose their presents from our P & F shop. We truly hope all the Mums & Grandmothers enjoyed their surprises.

A wonderful number of parents, friends and staff helped run the stall. Special thanks to Lisa Atkinson (a school officer at SMCC) for personally sewing the tissue holders. Thanks also to Michael Barry, Brian Cridge, Shannon Cridge, Ben Jeffs, Karen Garner, Sharon McFarlane, & Neil Mungall for playing shops!

**Rock on Stage: parent dance! Term 3 Friday night Week 2**
Are you a parent? Are you a Friend of the school? We need you!
The Rock on Stage event is a school event at which every class performs a dance. It is held in the Mary Knoll Hall on a Friday evening. As part of the evening there is a Parent dance and a Teacher dance! Remember last year's ridiculous P & F dance during the Rock on Stage event? Remember that the P & F beat the teachers? Let’s do it again. Contact Suzanne Mungall via facebook and you can join our group so see last year's dance. You only need to come to ONE practice in late June. Come and join in the fun. Contact Suzanne Mungall on 0499 527 830.

If you need to contact the P&F please ring me on 0419 766 141 or email sbrobbo@gmail.com

God bless,
*Mrs Susan Robertson*
*P&F President*

realise your dignity
Dear Parents,

There has been an outbreak of head lice at the College, and your child may have contracted the condition. We are asking that all parents examine their child’s hair for signs of lice infestation. The lice themselves are often hard to find because they move around on the head. Therefore, you should be looking for the eggs or nits. These appear as tiny silvery white specks attached to the hair shaft near the scalp. Dandruff and hairspray may look similar but these are easily brushed away, the eggs are not. Other signs of lice infestation may be a red rash and scratch marks on the scalp, nape of the neck or behind the ears.

If your child has contracted head lice do not be alarmed. Although the condition is unpleasant, it is easily treated with a specialised treatment available from your local chemist. After using the treatment use a fine tooth comb to remove the dead lice and eggs. Any articles which may harbour lice such as clothes, towels and bed linen should be washed in hot water and detergent. Combs and brushes should be washed in hot soapy water.

As head lice are highly contagious it is suggested that you examine and treat all members of the family at the same time.

If you are looking for a natural option please contact Lyn from Lyn’s Total Pet Care on 0427 632 008 for all licensed and natural Neem nit products.

Thank you for your cooperation in this matter.
Saint Mary's Catholic College

OPEN DAY

Friday, 27th May - 9.30am to 11am

Special features of the College include:
- A Prep to Year 12 campus, providing contemporary, seamless, quality education.
- A caring, supportive community for students and their families.
- Programs designed to support the diverse learning needs of Prep to Year 12 students.
- A wide range of educational experiences to develop each student's full potential.
- An excellent academic tradition for over 80 years.
- Excellent sporting, cultural and enrichment programs and facilities.

10 Kent Street, PO Box 311, Kingaroy Qld 4610
Phone: (07) 4160 0900  Fax: (07) 4162 1581
Email: pskingaroy@bne.catholic.edu.au  Website: www.saintmarys.qld.edu.au

Celebration of Learning

Thursday, 19th May

5.30pm - 6.30pm: Primary Classroom Learning Displays
6.30pm - 7.30pm: Free BBQ and Concert outside the Music Block

Please BYO picnic blanket for the concert
Free BBQ.
Drinks for sale.
Donations can be popped into a Wishing Well for the Music Department

Concert Performances are:
- Junior Primary Choir (Year 2 & 3)
- Senior Primary Choir (Year 4, 5 & 6)
- Year 4 String Immersion
- Senior Vocal Ensemble
- The College Orchestra
- Dance

realise your dignity
Here's a sneak peek at what the Sugar Gliders are up to in Prep A this term………..

Prep A Sugar Gliders - Prayer circle learning about Jesus’s teachings about Love Compassion and Forgiveness.

Tahnie likes creating and designing in Technology; this is her beautiful animal Mrs Bird.

Cooper has made a funny character out of playdough.

Charles likes learning about sounds and letters.

Chanikka is having a lovely tea party in Home Corner.
Max likes dressing up and being a monster.

Darby likes reading books and telling stories.

Marcus enjoys block building and constructing towns.

Kate has made a snake as part of our Science unit - Things that Move.

Parker likes learning how to write.

Nate and Shayne enjoy learning about number and measurement.

Olivia is learning to count to 20.

Milla and Amelia like playing in home corner and getting dressed up for the occasion.