Dear Parents, Carers and Friends of Saint Mary’s,

I recently visited our Year 5/6 class where they were discussing the story of St Marcellin Champagnat, the founder of the Marist Brothers, when he nearly died while lost in the snow. This story tells us about Marcellin’s great faith and the ordinary nature of miracles.

In February 1823, Marcellin and one of his brothers decided to walk over 20km through the snowy French mountains to check on a young brother who was sick. On their return journey, a blizzard set in and Marcellin and his companion became hopelessly lost. At the point of giving up and accepting their fate, Marcellin knelt down and prayed to Mary for assistance. Just then, a farmer on the hill above decided to come outside with a light to check on his animals at the rear of the farmhouse. Marcellin saw this light and made his way toward it saving both himself and the other brother.

Under normal circumstances, the farmer would have used the internal passage within his house to check on his animals, but that night, he decided to go outside into the cold just at the right time to save Marcellin. Miracles can sometimes be very ordinary - so ordinary that we almost miss them in our daily lives.

A few years ago, I was lucky enough to visit France and the site of St Marcellin’s near death experience. The photo opposite shows what remains of the farmhouse on the hill.

Futsal news: I would like to congratulate our staff, parents and students who took part in last week’s South West Qld Futsal competition. Our U14 Boys came 3rd, our U15 Boys made the semis and our Open Girls played extremely well. Thanks to Mr Toms, Mr Cook and Mr Perrett for taking our students.

Open Night: Tonight from 6.00 – 7.30pm, we will have a tour and information session for all prospective parents. Please encourage any families looking at Saint Mary’s to come along.

Jenny Cross’s retirement: After 41 years at both Saint Mary’s and St Patrick’s, Jenny Cross will retire at the end of this term. We would like to invite all past and present students, staff and parents to a special celebration for Jenny on Thursday, June 26th. The night will begin with a liturgy at 6pm, followed by a BBQ dinner. Please RSVP to Alice at ahauritz@bne.catholic.edu.au by Friday, June 20.

Year 4 Camp: Last week, I got to spend a night at the Year 4 Camp at the Barambah Education Centre. The students had a wonderful time learning all about Indigenous culture and the environment. It was fantastic to take the students through a meditation on the many great things in life that we can be thankful for as part of their evening prayer. I would like to thank Mrs McNamara, Mrs Mazzer, Mrs Radcliffe and Mr Hutton for taking our Year 4s away on camp.

2015 Building Program: This week, Miss Schultz and I met with the committee that will put forward our application for 6 classrooms, 2 student services rooms and music room for 2015. We desperately need these new facilities and I am very hopeful that our proposal will be passed to the minister later this year for approval.
Excellence in Teaching: I would like to congratulate Mr Byrne and Mr Richard for being shortlisted for an Excellence in Teaching – Team award for their many great initiatives around the College. A few of the many great initiatives they have been responsible for include: the Man Cave; Motors in Motion displays; CNC F1 Racing cars and training session with other schools; Christmas in July staff functions; and our St Patrick’s Day parish & community celebrations. I wish Mr Byrne and Mr Richard all the best for the awards evening on June 18 in Brisbane.

Athletics Carnival & Benedictine Awards: Our Athletics Carnival will be held on the last day of term 2 on Friday, June 27. It will be held on a modified track as our oval is still recovering from its upgrade. Our Benedictine Awards will be held at 2pm on Thursday, June 26. This will also be the students’ farewell for Mrs Cross. Parents and carers are most welcome to attend both of these events.

Yours in Christ
M. Nagle
Mr Michael Nagle
Principal

From the Deputy
O Lord,
Grant me your strength, so I will have courage in every situation;
Grant me your love, so I may love others as you love me;
Grant me your wisdom, so I will show others the path to success;
Grant me your mercy, so I will forgive those who have hurt me;
Grant me your peace, so I will find the best in everybody;
Grant me your hope, so I will respect you always;
Grant me your courage in every situation;
Grant me your strength, so I will have courage in every situation.
Amen
David Bennett

Please read the prayer by David Bennett and reflect upon its message over the next week.

Exams/Assignments
Students will need to prioritise their commitments outside of school over the next couple of weeks.

Exams and assignments are occurring from here on until the end of term. Reports will be written in the next couple of weeks.

Teachers need evidence of student work in order to award the correct result in Semester One formal reporting.
I ask parents to speak with their child and look at after school activities and adjust if necessary in order to complete all school work and study for exams.

Sleep is crucial. Put away the iPhone, laptop and iPad a couple of hours before bed as advised by ACMA a couple of weeks ago. Social media should not be accessed at all hours of the day and night.

Long weekend
Remember this weekend is a long weekend due to the Queen's birthday.
School will resume Tuesday 10th June.

God bless
Mr Sean Erwin
Deputy Principal

APRA News

Equestrian News & Date Claimers
- Saturday, 12th July: Proposed Team Penning Competition at Nanango conducted by Nanango Show Society. (Event to be confirmed: Juniors, Beginners and Open)
- Thursday, 17th July: Training day with Mrs Leah Frohloff and Fr. Cathy Duff for all Saint Mary's riders. (Information to be emailed and printed version to students)
- Thursday, 31st July: SB Equestrian Competition at Kingaroy Showgrounds. (Nominations open next week)
- Thursday, 28th and Friday, 29th August: Fraser Coast Equestrian Competition at Maryborough. (Nominate asap at nominate.com)

Regards
Mr John Dalton
APA

APRA News

‘Holiday Retreat’ – Yes - Retreat
Unfortunately not for parents, but is it? It is on the upcoming holidays and it is for students, so it might be a type of retreat that parents might also benefit from. Fr Nigel, with Fr John Chalmers is running a Catholic Youth Retreat called Arise. This type of opportunity is rare for our students, especially when it is facilitated by our own parish priest. I will be attending some of the retreat myself and can organise free transport for any student interested. Below is some basic information about the experience; however a flyer can be obtained from the College office.

Arise
When: 4-7 July 2014 (3 Nights)
Who: Young People from Year 8
Where: PCYC Bornhoffen 3510 Nerang Murwillumbah Rd, Natural Bridge QLD
Cost: $120 Per Participant $80 for Additional Sibling Limited Spaces on the Bus!

God Bless
Mr Martin Perrett
APRA

Wednesday Mass
There is no 8.15am Mass at the College on Wednesday, 18th June due to Book Week. The following week 25th June will be the last Mass at the College for this term. There will be no Mass at the College during the school holidays (2nd and 9th July). 8.15am Wednesday morning Mass will resume at the College on Wednesday, 16th July 2014 (week 1 of Term 3).

Library Corner

Lexile Awards
Congratulations to the following students who have received Lexile awards!
Blue Award (3 Books) - Lachlan Watson, Lannah Sowden, Patrick Flynn and Ainsley Moller
Red Award (5 Books) - Tiffany Kerkow, Lachlan Watson, Rahni Lucas and Anh Truong
Bronze Award (10 Books) - Samuel Erwin

Book Fair
Our Scholastic Book Fair theme – Reading Oasis: A Cool Place to Discover Hot Books! – takes students on a journey back to Ancient Egypt to an oasis overflowing with a treasure of fun, engaging, and affordable books kids want to read. Giving kids access to good books and the opportunity to choose their own books will motivate them to read more. And like most acquired skills, the more kids practise reading, the better they’ll get.

Reading is vital to every child’s success, and raising kids as readers means getting involved while they’re young. Now is the time. Since there will never be a substitute
for a parent's direct involvement in his/her child's education, please make plans to visit our Book Fair. Hope to see you there!

Book Fair Dates:
16th - 20th June
Shopping Hours:
8am - 8.40am, 2.55pm - 3.45pm

Assessing reading for the Take Home Reader Program
At Saint Mary's, we use PM Benchmark Reading Assessment to assess students for the Take Home Reader Program. This is only one method of gathering data on your child's reading progress. Their class teachers can offer much more insight and feedback about their reading progress. The PM Benchmark Reading Assessment has been designed to explicitly assess students' instructional and independent reading levels using unseen, meaningful texts. It provides in-depth support for the analysis of retelling, reading behaviours, fluency and comprehension strategies. At Saint Mary's, PM Benchmarking is managed in a consistent and organised manner by trained staff. To this end, your child will be benchmarked once a term. Depending on each child's retelling, fluency and comprehension, jumping a few levels might occur at certain stages of their development whilst for other children this might take a little longer. This is perfectly acceptable. I am happy to answer any questions you may have about this program. Please contact me to make an appointment.

Dorothea Mackellar Poetry Awards P-12

This year, all students have the opportunity to enter the well renowned Dorothy Mackellar Awards. The Awards aim to inspire students across Australia to express their thoughts creatively through poetry and, by doing so, support the legacy of Dorothea Mackellar and her legendary poem 'My Country'. Entries opened on March 1st and close on the 30th June. There are fantastic monetary prizes for each age category as an incentive for students to enter. Students can enter up to 3 poems each. They need to be no longer than 80 lines long. There is no set topic. Students can write about anything that inspires them. Poems from school age children can easily be submitted online at www.dorothea.com using the following details:

login - pkingaroy@bne.catholic.edu.au
password - students

Regards
Mrs Melanie Burr
Teacher Librarian

Counsellor News
What causes anxiety?
As with depression, it's often a combination of factors that can lead to a person developing anxiety.

Family history of mental health problems.
People who experience anxiety often have a history of mental health problems in their family. However, this doesn't mean that a person will automatically develop anxiety if a parent or close relative has had a mental illness.

Ongoing stressful events
Stressful events can also trigger symptoms of anxiety. Common triggers include:
- job stress or job change
- change in living arrangements
- pregnancy and giving birth
- family and relationship problems
- major emotional shock following a stressful or traumatic event
- verbal, sexual, physical or emotional abuse or trauma
- death or loss of a loved one.

Physical health problems
Continuing physical illness can also trigger anxiety or complicate the treatment of either the anxiety or the physical illness itself.
Common conditions that can do this include:
- hormonal problems (e.g. overactive thyroid)
- diabetes
- asthma
- heart disease

If there is concern about any of these conditions, ask a doctor for medical tests to rule out a medical cause for the feelings of anxiety.

Substance use
Heavy or long-term use of substances such as alcohol, cannabis, amphetamines or sedatives can cause people to develop anxiety, particularly as the effects of the substance wear off. People with anxiety may find themselves using more of the substance to cope with withdrawal-related anxiety, which can lead to them feeling worse.

Personality factors
Some research suggests that people with certain personality traits are more likely to have anxiety. For example, children who are perfectionists, easily flustered, lack self-esteem or want to control everything, sometimes develop anxiety during childhood or as adults.

Everyone is different and it's often a combination of factors that can contribute to a person developing anxiety. It's important to note that you can't always identify the cause of it or change difficult circumstances.

The most important thing is to recognise the signs and symptoms of anxiety and to seek help. The sooner you seek help, the sooner you can recover. Thank you
Graham Turnbull
Guidance Counsellor

Uniform Shop News
Girls' Slacks
We have now girls' and ladies' slacks in for Years 6-12 formal uniform. Sizes range from girls 6-16 and ladies 8-20. These are available from on Wednesday's and are $42 a pair.

Hair Accessories
There are now hair accessories available to purchase from next Wednesday.

Have a great week.
Regards
Mrs Amanda Jensen
Uniform Shop Convenor
**Tuckshop News**

Friday specials are as follows:
- Morning Tea & Lunch $3.50
- Chicken & Gravy Rolls

Lunch Only $3.50
- Beef Stroganoff & Rice

There are NO pies, party pies or sausage rolls sold on Fridays.

Volunteer Roster:
- Friday 6th June - Jessica Langley
- Monday 9th June - Public Holiday
- Wednesday 11th June - Rebecca Stokes

If you are unable to make your rostered tuckshop day please contact me at the College as soon as possible. Anyone wishing to donate a day or a few hours, even just once a term, please contact me at the College.

Just a friendly reminder that we only accept Australian currency.

A big THANK YOU to all those people who donated dry goods this week. It is very much appreciated.

Regards
**Mrs Michelle Davis**
Tuckshop Convener

**P&F News**

Hi everyone and welcome to the first week of winter and officially half way through the calendar year.

Just a couple of quick notes this week.

Tonight sees the school open its doors for enroling at Saint Mary’s. Please feel free to come along and have a look around especially if it has been a while since you have. P&F will be serving tea and coffee.

Our next meeting will be held on June 17th starting at 7.00pm. Please forward any agenda items you may have to me and I will pass them on.

The excitement is building for this year’s Rock On Stage.

The P & F will be involved again but this year would like help from each of our Saint Mary’s families.

As we are all busy we have made it quite simple for all. We need each family to send us in some pictures - the fun bit is, each one is scripted i.e. Johnny eating his breakfast, so easy!!! If you could email either Amanda H amanda0907@bigpond.com or Amanda R amandareinbott@bigpond.com we will give you further information. If your child is unable to do this at home we are happy to make them a part of this by getting some images at school.

On July, 31st Saint Mary’s will again host the Equestrian Challenge in Kingaroy. I strongly urge you to volunteer some time to help the P&F cater this event. I will keep everyone posted closer to the date.

Finally this week let us all pray for our students. They are coming into a very busy time of semester with assignments due and exams to be taken over the next couple of weeks. Let us pray that they feel empowered to achieve the best that they can.

Blessings
**Mr Damien Martoo**
President

**Year 5 Camp**

Year 5 Camp

We would like to inform you that the venue for our overnight stay on camp has had a slight change in location. The organisation ‘Higher Ground’ have a number of different properties that they run school camps from. The original booking was for Camp Tuchekoi, however they are currently having renovations, so our camp has been relocated to Kenilworth Homestead also owned and operated by ‘Higher Ground’. However the activities and facilities are basically the same.

The address where we will be now staying on Thursday night is:

Kenilworth Homestead
2760 Eumundi - Kenilworth Rd
Kenilworth, QLD

Reminders:
- If you are catching the bus from Saint Mary’s be at school at 7:30am to leave by 7:45am.
- If you are catching the Bus from Wondai (Timber Museum- Information Centre) be there at 8.00am.
- If you are catching the bus from Murgon be at Saint Joseph’s Primary School (Bus Stop) at 8:15am.
- Bring your morning tea and lunch with you on Thursday
- Any medication needed on camp please hand to Mrs Johnston or Mrs Arrell on Thursday morning with a medical distribution form and the medication clearly marked (preferably in a zip-lock bag).

If you should have any queries please do not hesitate to contact Mrs Johnston or Mrs Arrell on 07 4162011.

Until then, we are looking forward to a great camp and many adventures.

Regards

**Mrs Leesa Johnston and Mrs Lauren Arrell**
Year 5 Teachers

**Classroom News**

**Visual Art**

At the moment we have many senior Visual Art students with artwork in a University of Southern Queensland exhibition entitled 'Future Visions'. This is curated by Dr Kyle Jenkins the head of Visual Art at USQ. If you wish to visit the exhibition it is in the gallery in the Arts Department at USQ’s Toowoomba campus. Some of the work that was selected for this prestigious competition between high schools that feed students into Toowoomba’s campus are from Richelle Bethke, Hannah Depper, Bridget Barkle, Ashleigh Haydon, Kaydlin Nicholls-Hurley, Shajuana Button, Emily Faulkner, Marissa Murray, Eliza Rose Mkakanzi, Rhiannon Budgen and Nakita Kirby.

**Year 8 Home Economics**

This week: Demo cook: Students are required to bring a workbook and writing equipment. Next week: Cooking lesson. Students are required to bring a large container, recipe planner, workbook and writing equipment.

**Year 10 Science**

Your science assignment is due on Tuesday the 10th of June instead of Monday the 9th.
due to the public holiday. Ensure this is submitted before lunchtime on this day to Miss Tucker.

**Sport News**

**Athletics Carnival**

As you should be aware of by now, this year’s carnival is going to be a modified event, due to our top oval being unavailable. All year 7, 8, 9, 10, 11 and 12s will have most of their events done in class time or lunch times. Mrs Johnston will run events for any Year 4, 5 and 6 students that need to be covered before the carnival.

On the last day of term, I want to run the following:
- Prep - 9yrs - a sprint and relay (maybe some ball games)
- 10yrs - 12yrs - 100m, 200m, 800m, Relay
- 13yrs - Opens - 100m, 200m, 400m, 800m, Relay and High Jump.

The track had to be accommodated on the 2 lower ovals - they are not accurate so will not be used for records. However any student who comes 1st, 2nd or 3rd and makes the school team for Districts will be able to use those results as school records.

Please understand this is a one-off event and the topdressing and levelling of the top oval will be a huge benefit.

I would love some parental help on the day so if you are available, please email me amedlen@bne.catholic.edu.au and let me know what you feel comfortable with e.g. timing, judging, recording etc.

The positive things are that there will be plenty of shade, you will be close to the action and canteen and toilets.

Thanks

Mr Allan Medlen

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**Net Retreat News**

On Friday, 20th June the Brisbane based net retreat team is facilitating a retreat for students in Year 8 to 12 at the College in the Mayknoll Centre. This starts 2pm and will conclude at 9pm and dinner will be provided. Students can wear casual clothes if they choose to attend. Any interested students should register with Mr Perrett at the College Office. This is Archdiocese initiative that is College is happy to host.

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**QISSN News**

Hot milos and baked goods for sale on Tuesdays and Thursdays at morning tea in the Mary Knoll Centre Canteen.

- Milo $1
- Assorted Baked Goods 50c

Thank you for supporting our QISSN team.
The Staff and Students of
Saint Mary’s Catholic College

Request the pleasure of the company of
Saint Mary’s Community

At the
Liturgy of Thanks and Farewell Dinner
for Mrs Jenny Cross

To be held at
Saint Mary’s Catholic College
Mary Knoll Centre
10 Kent Street, Kingaroy

Liturgy at 6pm
BBQ 6.30pm
On
Thursday, 26th June 2014

R.S.V.P. to Alice Hauritz by
Friday, 20th June 2014
ahauritz@bne.catholic.edu.au
Phone: 4162 2011

Softball Community Coaching Program
Saturday, 14th June at Taabinga State School Indoor Sports Stadium
Joint Coaching Accreditation Program-Free
9am - 10am - AASC Community Coaching program
10.15am - 1.15pm - Softball QLD - Level 1 coaching accreditation course
To register or further information contact
Karen on Karen@softballqld.asn.au or 0408 374 412
Registrations close Thursday 12th June

Nanango Hack and Pony Club Inc., in conjunction with
the SB Equestrian Group are holding their
WINTER-FUN EQUESTRIAN DAY
Saturday, 21st June at Nanango pony Club grounds.
Open to all members of Pony Club QLD and SBEG. You can join one of the clubs on the day if you are not a member. The day is a relaxed ‘t-shirt’ day and includes
Hacks, English Trail, Rider classes and jumping.
$15 to ride for the whole day.
Canteen running all day.
Enquiries to Judy 0447 168 209.

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Round 13

Name:  vs  
Eels  vs  Cowboys
Sea Eagles  vs  Bulldogs
Titans  vs  Panthers
Dragons  vs  Sharks
Rabbitohs  vs  Warriors
Knights  vs  Tigers
Storm  vs  Roosters
Raiders  vs  Broncos

realise your dignity