Dear Parents, Carers and Friends of Saint Mary’s,

Last week, at our Principals’ cluster meeting, we heard from our Brisbane Catholic Education Student Protection Consultant on better understanding sexual behaviour in children and young people. Whilst some of this can seem a little confronting and challenging, I believe it is still important as parents, and as a community, that we continue to educate ourselves. I have approached the consultant about running some staff and parent sessions for us later this year.

Parents and carers need to be aware of these issues, but should not be unnecessarily alarmed.

The consultant presented a number of quite challenging facts from some Australian surveys including:

- Between 1 in 3 and 1 in 5 girls are sexually abused & between 1 in 6 and 1 in 10 boys.
- 40% - 90% of this abuse is by other young people.
- 92% of boys and 61% of girls aged 13-16 years reported exposure to online pornography (e.g. could be an inappropriate image). Of these, the average age of first exposure to pornography was 11 years old.
- Young people exposed to pornography became sexually active on average between 1 and 4 years earlier than those who had not been exposed to pornography.

For me, some of this data highlights the need for us to do our best to monitor our children’s online environment. Of course, this is not always possible and is a constant challenge for both home and schools.

The Family Planning Association has some good resources and links available for parents and carers on their website: www.fpq.com.au. One of the documents Sexual Behaviours in Children and Young People (one section shown below) tries to help parents and carers to understand what is within the “normal” range of sexual behaviours for their child. This does not mean that children or young people should experience the things listed below, but that if they have experienced these things, that on its own, it may not necessarily be a source of alarm.

### Normal range of sexual behaviours at various ages

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Behaviours</th>
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</table>
| 5-9 yo    | - increased sense of privacy about bodies  
- body touching and holding own genitals  
- masturbation, usually with awareness of privacy  
- curiosity about other children’s genitals involving looking at and/or touching the bodies of familiar children  
- showing me yours and I’ll show you mine, playing ‘family’  
- curiosity about sexuality e.g. questions about babies, gender, relationships, sexual activity  
- telling stories or asking questions, using swear words, ‘toilet’ words or names for private parts  
- use of mobile phones and internet in relationships with known peers |
| 10-13 yo  | - growing need for privacy  
- masturbation in private  
- curiosity and seeking information about sexuality  
- use of sexual language  
- interest and/or participation in girlfriend or boyfriend relationships  
- hugging, kissing, touching with known peers  
- exhibitionism amongst same age peers within the context of play e.g. occasional flashing or mooning  
- use of mobile phones and internet in relationships with known peers |
| 14-17 yo  | - need for privacy  
- masturbation in private  
- accessing information about sexuality  
- viewing materials for sexual arousal e.g. music videos, magazines, movies  
- sexually explicit mutual conversations and/or use of humour and obscenities with peers  
- interest and/or participation in a one on one relationship with someone of the same or other sex  
- sexual activity with a partner of similar age and developmental ability (ability to consent must be considered)  
- use of mobile phones and internet in relationships with peers |

Family planning advises parents, carers and schools that the above behaviours require an opportunity to talk, explain and support our children. Riskier behaviours than these would require far greater monitoring, support and in some cases mandatory reporting to authorities. More information on these behaviours is available on the website above.
Over the past week, we have had many wonderful events. Hopefully you will be able to read more on these later in this newsletter or on our Facebook page. A few that I would like to highlight and thank the staff, students and parents who were involved are the:

- Great effort of our students at the Primary school athletics.
- Wonderful Whip cracking team performances at the Ekka.
- Talented and award-winning artists on display at Wondai and in Toowoomba.
- Inspiring student leaders at the Future Leaders luncheon in Brisbane.
- First-ever community BBQ for struggling South Burnett families and individuals.
- Talented competitors representing Saint Mary’s in the Chess competition in Bundaberg.
- Reflection day by the Project Hatch crew with our Years 9 & 10s.
- Saint Mary’s display at Kingaroy Shoppingworld.

Many in our community would be aware that Dallas Brown (parent and ex-Year 6 teacher) had gone to Brisbane to work. The reality of being away from family (as many in our community know) was too much. Mr Brown has now returned to work at St Pat’s, Nanango for four days a week and will join us each Monday to work alongside Mrs Erwin to assist some of our Indigenous students with their literacy and numeracy needs.

Yours in Christ

Mr Michael Nayler
Principal

**Deputy News**

**Contacting the College**

I would like to remind parents of the people we have in various positions who can be contacted regarding issues that need to be addressed.

In Prep-6, please contact Pam Radcliffe or your child’s teacher.

In Years 7-10 please contact Melanie Burr (Curriculum) or Wade Toms (Pastoral/Behaviour).

In Years 11 and 12 please contact Gary Curran for all matters.

If you have a VET (Vocational Education and Training) issue please contact Larry Byrne.

For all sport matters please contact Allan Medlen.

It is not always possible for me or other leadership to respond to queries regarding all matters. As we grow as a college, it is necessary to delegate responsibilities and duties according to some logical manner.

We have created TLCs (Teaching and Learning communities) within the College for administration purposes.

Please contact the people above in the first instance and if required, they will pass the matter on to leadership for consideration.

Thank you for your understanding in this matter.

**Rock on Stage DVD**

The Rock on Stage DVDs are in the office ready for collection.

Please see Mrs Rutley at Student Services to collect your DVD that was ordered and paid for.

**Whip Cracking**

Congratulations to all the whip cracking team members for a wonderful effort last Saturday at the EKKA. 4 hours is a long time to perform and our students were a credit to our College. Thank you to all the parents who came with their children and supported them in this endeavour. There are more events planned as the year progresses so watch this space!

God bless

Mr Sean Erwin
Deputy Principal

**CAPA News**

Dear Parents

The end of Year 10 marks an important point in the academic life of students. It is the time when students elect to follow one of a number of academic pathways, which in turn lead to various career pathways.

Making good choices always rely on receiving accurate and current information. For this reason, the College will be holding the annual

**Year 10 into Year 11 Information Night**

7-00 pm Wednesday 20th August 2014
Room 38

It is a night where the most essential information about this issue is presented. It is of high importance for both parents and students.

realise your dignity
Program
7-00pm       Welcome:
7-05pm       Qld Certificate of Education
7-10pm       Tertiary Entrance Statement
7-15pm       OPs and FPs
7-20pm       VET: Vocational Education and Training
7-25pm       Possible Pathways
7-30pm       Selecting Subjects
7-35pm       Tertiary Prerequisites
7-40pm       Next moves (subject surveys and selection)
7-55pm       Conclusion

We look forward to seeing you there.
Regards
Mr John Dalton
APA

APRE News

Bacolod Kindergarten says thanks
Please read the letter to our whole community sent recently by Sister Leonie Duenas, the principal of Bacolod.

Hello Saint Mary’s Catholic Community,

Herewith are the photos from the kinder school. I hope that your students and school community will enjoy seeing the photos of the “Little People” that you are supporting.

My warm regards and congratulations again for your well done concert.

At kinder we are always praying for all those who are supporting us in so many ways. Know that you are always prayed for and your families. We can reach out and give a quality education for the children of the poor because of your continuing support. Thank you very much. God bless!

With you in prayer always,
Leonie

Community Dinner – fulfilling in many ways
Last night we commenced a new ministry as part of the wider Church, in providing a meal and a cuppa to some community members who need and look for a little support. Soup as entre, sausage sizzle and then a variety of simple desserts accompanied by tea, coffee, milo or cordial and a good conversation were all on the menu.

Pictured here preparing are Ms Alison Humphries, Stephanie Ross and Emma Howley. The evening was really enjoyable. We all met a lot of new people and hopefully started a couple of relationships with some of the patrons and each other who make up part of this ministry. I was reminded of the wisdom of two mottos Blessed Mary Mackillop lived by: ‘never see a need without doing something about it’ and ‘be the change you wish to see’. Both these are proactive ways of living that are as much about realising your own dignity as they are about realising someone else’s. The invitation to be part of this is open for Year 11 and 12 students at this point, however I can see it opening up for the wider school community including other year levels and parents and friends.
Regards
Mr Martin Perrett
APRE
Lexile Awards
Congratulations to the following students who have received Lexile Awards!
Blue Award (3 books) - Jolleen Walker and Dane Andersson
Red Award (5 books) - Tom Pennell
Bronze Award (10 books) - Tiffany Kerkow

Chess Club
We had a wonderful time in Bundaberg yesterday. After a long trip there and back, the students were amazing and their efforts made Mr Dunbrack, Mr Hutton and me very proud of them. We will be having afternoon tutorials every Thursday from 3pm-4pm in Room 41. All chess club students are welcome. Students are encouraged to use https://www.chessacademy.com/ to improve their skills. This website provides good tips and skills on all three parts of the game.

Book Week
This year, Book Week will be celebrated during 18th-22nd August. The theme is ‘Connect to Reading’. There will be fantastic displays in the library of the shortlisted books created by P-6 classes. We will begin celebrating this year’s Book Week with a Campfire Stories Night similar to last year. This will be held on Monday 18th August between 6.30pm-7.30pm. Pajamas are optional! We will have a dress-up parade for P-6 students on Wednesday 20th August from 9am followed by a reading event afterwards. Students, parents and staff are encouraged to dress up as their favourite book character and bring along their favourite book to read with their buddies after the parade. There will be many exciting daily activities and competitions in the library including guest readers, competitions and various games.

Regards
Mrs Melanie Burr
Teacher Librarian

Uniform Shop News
We have primary girls maroon tights available in sizes 4-6, 7-10 and 11-14. These will be $11 per pair and available at the College Uniform Shop on Wednesdays from 8am to 11am.

Regards
Mrs Amanda Jensen
Uniform Shop Coordinator

Year 12 Sausage Sizzle
The Year 12 students will be holding a sausage sizzle at lunch time to raise money for their Valedictory Dinner. This will occur each Tuesday. Prep to Year 6 order slips will be sent home and Years 7 to 12 students purchase theirs from the Maryknoll Centre Canteen.

Sausage on bread - $1.50
Popper - $1.50

Thank you for your support.
Year 12 students

Whip Cracking News
A big congratulations to the following students from the Saint Mary’s Whip Cracking Team who performed and competed at the Ekka on the weekend. The team did an amazing job of displaying their skills and talents.

You can watch the performance highlights via the link: https://au.news.yahoo.com/thewest/video/watch/24676316/whip-cracking-whippersnappers-at-the-ekka/

Steph Arrell was fortunate to be placed Overall 2nd place for the Royal Queensland Show 2014-Whip Cracking Competition individual points and was presented with a trophy.

Many thanks again to the parents and families who attended the event and who show their constant support and enthusiasm towards the school team.

realise your dignity
Upcoming Events

- Jackie Howe Festival Performance - Jondaryan Woolshed - Saturday and Sunday 30 & 31st August
- Chinchilla Grandfather Clock Performance - Friday 17th October
- Crack Up Sisters

Whip Cracking Morning Tea

Saint Mary's Whip Cracking Team will be selling Morning Teas every Thursday from the Maryknoll Canteen. Hot Milo, Soup and Home bake will be available for $1.

Regards
Mrs Lauren Arrell
Whip Cracking Coordinator

Classroom News

Dear Year 8 Parents/Carers,

The Mathematics assignment advertised on the assessment calendar will not be occurring due to enough evidence already having been collected for the unit.

There will also be no Mathematics homework sheet due to the public holiday.

Best regards,
Miss Kaitlyn Tucker
Year 8 Mathematics Teacher

Curriculum News

Dorothea Mackellar Poetry Competition

This competition has now closed. Thank you to all the students who participated this year. Each week, I will include one or two poems which were entered.

Our Aussie Sporting Heroes

<table>
<thead>
<tr>
<th>Our Aussie Sporting Heroes</th>
<th>Cathy Freeman was the athlete, who brought the nation to its feet</th>
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<tbody>
<tr>
<td>One thing I love about this country</td>
<td>She wore the suit, she lit the flame</td>
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<tr>
<td>Is that I can gladly say</td>
<td>In the 400m, she was the one they couldn't beat</td>
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<td>That sport plays majorly</td>
<td>And so became a household name</td>
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<tr>
<td>A part in each and every day</td>
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<tr>
<td>We stand tall and proud</td>
<td>The 'Mighty Maroons' give us such a sense of State pride</td>
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<tr>
<td>In our colours of green and gold</td>
<td>C'mon Smithy, Thurston, Cronk and Slater</td>
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<tr>
<td>We sing our anthem loud</td>
<td>Your game is so good it makes the Blues run and hide</td>
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<tr>
<td>For our heroes young and old</td>
<td>Eight in a row! They'll give up sooner or later!</td>
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<tr>
<td>Pharlap was a champion</td>
<td>So as you can see, our sporting talent is diverse</td>
</tr>
<tr>
<td>He took on the world and won</td>
<td>Our Aussie heroes, they fill our hearts with joy</td>
</tr>
<tr>
<td>He gave us hope in times of depression</td>
<td>When they take to the world stage, the crowd breaks out in</td>
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<tr>
<td>The 'Mighty Red', he loved to run</td>
<td>verse</td>
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<tr>
<td>Sir Donald Bradman was a legend</td>
<td>Aussie! Aussie! Aussie! Oi! Oi! Oi!</td>
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<tr>
<td>A cricketer of great fame</td>
<td>By Clare Adcock Year 9</td>
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<tr>
<td>He knocked 'em for six 'til the very end</td>
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<td>He beat the Poms at their own game</td>
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<td>Dawn Fraser, Athlete of the Century</td>
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<td>Three Olympics to her name</td>
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<td>Butterfly, freestyle, medley</td>
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<td>She's in the sporting hall of fame</td>
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<td>Wally Lewis is the 'King' and the 'Emperor of Lang Park'</td>
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<td>The immortal from the town of 'Brizzy'</td>
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<td>He cut through the backline like a 'Stradbroke Island shark'</td>
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<td>So quick, he kept the opposition busy</td>
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| My Lego Man                                                                               |                                                               |
| My lego man is small                                                                      |                                                               |
| I can build him on my own                                                                  |                                                               |
| I can make him stand, sit or fall,                                                        |                                                               |
| I can write about him in a poem,                                                          |                                                               |
| I can put him in a racing car and make him go really far,                                 |                                                               |
| But most of all I love my Lego Man because I got him from my Nan.                         |                                                               |
| By Noah Burr Year 2                                                                        |                                                               |

Regards
Mrs Melanie Burr
Middle Years Curriculum Coordinator
Future Leaders Lunch at Parliament House for Senior School Leaders
Saint Mary's Catholic College Captains Gabe Crane and Cassie Firman, along with Sports Captain Thilini Ranasinghe travelled to Brisbane to take part in the Future Leaders lunch. They had been invited to take part in this day by Hon. Deb Frecklington MP to meet with other College Captains and be challenged by a number of inspirational speakers over lunch.

The Speaker of the Queensland Parliament, Hon. Fiona Simpson spoke to students about her life experiences that led her into politics, where she developed her skills in leadership, noting that there are so many cynics around but stressed the need to be positive as ultimately cynics never lead society in progressing. The Premier, Hon. Campbell Newman then spoke to students, where he stressed that authentic leadership is about service, and the importance of contributing to the community. Mr Newman noted that in a parliamentary democracy, the mechanism exists that enables a leader to get things done for the betterment of society, and encouraged our student leaders to lead through service and move society forward. Finally, the founder of the “Red Frogs” schoolies group, Mr Andy Gourley inspired his audience on how he started up an organisation that now, among other things, assists the 75000 students in the state that attend schoolies, http://au.redfrogs.com/about. He and the members of “Red Frogs” serve the community in terms of drug and alcohol education, and assist those with mental health issues.

During the lunch session a number of members of parliament mingled with and spoke to the students. In particular, our local member Deb Frecklington welcomed our students and took time to personally talk to and answer individual questions from our students.

In addition to the lunch speakers, our students also had the opportunity to visit the General MacArthur Rooms in Edward Street. What an outstanding and exciting display! The facility is staffed by volunteers and these great people again took the time to show our students around, answer questions and discuss the history of WW2. For those unfamiliar with General MacArthur, he was the Supreme Commander of the WW2 Pacific Theatre of wartime operations. His Office was situated in Edward Street, Brisbane! This site has been preserved and is open to the public. Students were able to see the office and desk of MacArthur, the very place where decisions were made that directly affected the outcome of the war in the Pacific. It was somewhat surreal for our students to actually sit in the very chair and desk that MacArthur sat in and directed the conflict, which shaped our present day freedoms and democracy. For those wanting more information on this excellent resource, the following website is provided: http://www.mmb.org.au/

Finally, I’d like to thank Mrs Frecklington for providing this unique and valuable opportunity for our students, who are the future leaders of our society.
Mr Gary Curran
Senior School Curriculum & Pastoral Coordinator

Counsellor News
“There is a great choice that awaits us every day: whether we go around carving holes in others because we have been so painfully carved ourselves, or whether we let spirit play its song through our tender experience, enabling us to listen, as well, to the miraculous music coming through others.”
— Mark Nepo, Finding Inner Courage
Thank you
Graham Turnbull
Guidance Counsellor
Friday specials are as follows:

- Morning Tea & Lunch
- Roast Beef and Gravy Roll - $3.50

Lunch Only
- Beef Stir Fry and Vegies - $3.50

There are NO pies, party pies or sausage rolls sold on Fridays.

Students are asked not to bring $50 notes to the tuckshop, as we don’t always have enough change.

Volunteers

Friday, 15th August - Jessica Langley
Monday, 18th August - Volunteers needed
Wednesday, 20th August - Volunteers needed

Volunteers are also welcome, even if it just for the morning (until morning tea) or middle session.

Tuckshop Orders

Paper bags are available from the tuckshop for 5c. It is not ideal to be putting tuckshop orders into plastic bags, as the hot food could melt the bags.

Donated Items

Donations of dry goods, as per back of the Tuckshop Menu, would be greatly appreciated. A big THANK YOU to all those people who have donated dry goods.

Regards
Mrs Michelle Davis
Tuckshop Convenor

P&F News

Congratulations to Bailey Buttsworth who won the 4.5kg Toblerone.

Our next P&F meeting will be held on Tuesday, 19th August at 7pm in the College Boardroom. Hope to see you there.

Until next week
God bless
Mr Damien Martoo
President

A Message From Tessa Carty

Dear Saint Mary’s
I would like to sincerely thank you for helping me to raise the required funds to participate in the Under 23 World Rowing Championships in Varese, Italy. I was overwhelmed by the support I received and people's generosity. It was an experience of a lifetime, a steep learning curve and has motivated me even further to chase my dreams.

Kind regards
Tessa Carty
Parish Pastoral Dinner Dance

The Parish Pastoral Council is holding a Dinner/Dance as a fundraiser to purchase a new organ or keyboard for the Church.

**Date:** Saturday 30th August -7.00pm

**Venue:** Kingaroy RSL Club

**Cost:** $40 per head,
Children Under 14 $10

2 course alternate drop meal

Entertainment by ‘Body & Soul’

Bookings are essential and payment required at time of booking. Tables of 8 are able to be booked.

Tickets purchased at the Parish Office, Saint Mary’s College and after Mass/Liturgy on Saturday and Sunday.

**RSVP:** Friday, 22nd August

Any dietary requirements please mention at time of purchasing tickets.

**Raffle Prizes**

1st Prize - Bottle of Dom Perignon Champagne Valued at $250.00

2nd Prize – $50.00 Meal Voucher from the Kumbia Hotel, Bottle of Seppelt Salinger Brut Sparkling Wine and Bottle of Squealing Pig Pinot Noir

3rd Prize – $50.00 Fuel Voucher from Rykes

Tickets $2 each.

Tickets are available from the Parish Office, The College Office and after Mass/Liturgy on Saturday and Sunday.

How many lollies can you see?

Our Year 12 Students are holding a lolly guessing competition.

50c per guess

Come and see Mrs Rutley at Student Services if you would like to participate.

Winner will be announced at the Benedictine Award Assembly on Friday, 19th September.

All money raised will go towards the Year 12 Valedictory Dinner.

Indigenous Teacher’s Aide

(30 hrs per week term time – Semester 2, 2014)

Saint Mary’s Catholic College, Kingaroy is seeking an Indigenous Teacher’s Aide to work in class to improve literacy and numeracy outcomes for all students.

Aboriginal and Torres Strait Islander people are encouraged to apply.

Position closes – 3pm, Friday, August 15.

To apply, please go to the Employment section at: www.bne.catholic.edu.au.

For more information: phone 41622011 or email pskingaroy@bne.catholic.edu.au.

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<thead>
<tr>
<th>Round 23</th>
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<tbody>
<tr>
<td>Name:</td>
</tr>
<tr>
<td>Rabbitohs vs Broncos</td>
</tr>
<tr>
<td>Eels vs Bulldogs</td>
</tr>
<tr>
<td>Knights vs Warriors</td>
</tr>
<tr>
<td>Panthers vs Cowboys</td>
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<tr>
<td>Titans vs Sea Eagles</td>
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<tr>
<td>Raiders vs Dragons</td>
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<tr>
<td>Storm vs Sharks</td>
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<tr>
<td>Tigers vs Roosters</td>
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</table>
Year 12 Valedictory Fundraiser

WORKSHOP OPTIONS

Card making $15
Create 2 cards by cutting, stamping and adding embellishments

Double Scrapbooking Page $20
Use some school photos (bring along if you wish) to make a creative double page as a keepsake.

Base & Bling Jewellery $25
Using different bases, photos (bring along if you wish), embellishments, ribbons etc create your very own unique piece of jewellery.

18th October 2014
1pm
Saint Mary’s Catholic College Maryknoll Centre
Kent Street, Kingaroy

Please call Amanda on 0429538930 to RSVP

$5 from each workshop as well as 10% sales and $10 for each workshop booking goes towards fundraising for the Year 12 Valedictory Dinner

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